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VOL. 26, NO. 36

### SANIBEL & CAPTIVA ISLANDS, FLORIDA

MARCH 8, 2019

MARCH SUNRISE/SUNSET: **8** 6:46 • 6:33 **9** 6:45 • 6:33 **10** 7:44 • 7:34 **11** 7:43 • 7:35 **12** 7:42 • 7:35 **13** 7:41 • 7:36 **14** 7:40 • 7:36

# Sanibel Shell Festival Is Here

fter months of preparations, the 82nd annual Sanibel Shell Festival, the most prestigious competitive shell show in the country, is under way. The festival will be held from from 9 a.m. to 5 p.m. on Thursday and Friday, March 7 and 8, and from 9 a.m. to 4 p.m. on Saturday, March 9 at The Community House, located at 2173 Periwinkle Way on Sanibel.

What can you expect to see at the Shell

Festival? Shells, of course, but not only those you might find on the beach. Shells that come from around the world can be seen in over 450 linear feet of fascinating exhibits. Over 200 exquisite works of art have been entered in the Sanibel Shell Show. You can buy shells and art on the festival grounds outside, as well as inside at the shell show. There will also be shell jewelry and other shell-related items for sale, and the 2019 Sanibel Shell Festival T-shirt, available in men's, women's and

continued on page 22



Bailey-Matthews National Shell Museum Shell Ambassador Kelle Covington holding an Australian trumpet (Syrinx aruanus) photo provided

Viginia Marcellus won the 2018 People's Choice award in the artistic division for her seashell castle photo by Lorin Arundel



Hammerhead shark

# Foundation CEO To Speak On Value Of Sharks

Sanibel-Captiva Conservation Foundation (SCCF) CEO Ryan Orgera will lead a presentation on sharks at the Bailey Homestead Pavilion on Thursday, March 14 at 7 p.m. Ogera's presentation, titled Sharks: A Cultural and Conservation Story of

photo by Jonas Allert

these Misunderstood Creatures, is part of SCCF's Evenings at the Homestead series. Tickets are \$10 and available through Eventbrite (visit www.sccf.org, click on Programs, then Evenings at the Homestead, then Eventbrite). Doors open at 6:30 and light refreshments will be available. Advance registration is required as space is limited.

For three years, Orgera traveled the globe fighting for international protections for 13 species of sharks and rays. He'll share stories about his work in Mauritania, continued on page 27

Seahorse Chorale

# Performing With Chamber Singers

two talented groups of vocalists will take place at The Sanibel School Cafetorium on Tuesday, March 12 when the school's middle school choir joins forces with the Franklin &



The Sanibel School Seahorse Chorale

Marshall College Chamber Singers for an evening of music and camaraderie. While admission is free, a concessions stand will be available for food and drink purchases. All funds raised from the concessions stand will help to support The Sanibel School music department.

According to Joey Giangreco, music educator at The Sanibel School, the tour organizer for the Lancaster, Pennsylvania college – George Pattison – was seeking an opportunity to collaborate with young singers, offering a workshop experience as

continued on page 20

photo provided



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# **Mayor Enters** Race For County Commissioner

by Jeff Lysiak

n February 27, Sanibel Mayor Kevin Ruane officially announced his candidacy for the Lee County Board of County Commissioners District 1 seat. That district encompasses Sanibel, Captiva, Cape Coral, Pine Island and North Fort Myers.

Ruane's name will appear on the Republican primary ballot in August 2020. If he is chosen as his party's candidate, Ruane would compete in the general election to be held in November

"Today, I am honored to announce my candidacy for the Lee County Board of County Commissioners," Ruane said in his press release. "I ask that you stand with me and embark on this journey to make our county a better place for generations to come.

Appointed to serve an interim position on the Sanibel City Council in February 2007, Ruane successfully ran for a full-term three months later. He has subsequently been re-elected to the city council in 2009, 2013 and 2017 and is currently serving his ninth consecutive appointment as mayor of Sanibel. His current council term runs through March 2021.

In announcing his candidacy, Ruane discussed his vast experience as both a successful businessman and dedicated

"I am running to bring my business experience and unique perspective to the county commission to help our community expand on its successes and achieve long-term prosperity, he wrote. "In my time as mayor of Sanibel. I have seen firsthand how conservative principles and sound fiscal policy can affect the economy. My goal is to bring forth the policies that will allow the families and businesses of our community to achieve a brighter future.'

Ruane also shared that as a county



commissioner, he plans on continuing the fight to restore and protect local water quality.

These issues are no longer up for debate. Our economy and quality of life depend on our ability to end this crisis once and for all," Ruane wrote. "Over the past several years, I have worked directly with our local, state and federal governments to implement policies, which will not only bring immediate impact towards resolving these issues, but also provide long-term solutions. As your county commissioner, you can count on me to continue to be a champion for clean water and Everglades restoration.'

Ruane previously sought election to the Lee County Board of County Commissioners in 2015, a campaign that he suspended several months before the March 2016 election in order to tend to a family health crisis. Commissioner John Manning eventually won that election.

"I believe in the future of Lee County and know we can make tremendous strides towards ensuring that our future is brimming with opportunity and success," concluded Ruane.

For more information, visit www. votekevinruane.com.☆



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# Identification Clinic At Sanibel Shell Festival

uzzled about a shell you've found? Need help identifying it? Bring your shells to the Sanibel Shell Festival on the mornings of Thursday, March 7 and Friday, March 8. José Leal, PhD, scientific director and curator at the Bailey-Matthews National Shell Museum, will be there to identify your shells and answer any questions you might have about seashells and mollusks, the animals that create the shells.

The 82nd annual Sanibel Shell Festival is the largest and longest running shell festival in the United States. The dates for the festival are March 7, 8 and 9 at The Community House, located at



Spondylus americanus

photo by Joyce Matthys

2173 Periwinkle Way on Sanibel. Hours for the festival are 9 a.m. to 5 p.m. Thursday and Friday, and 9 a.m. to 4 p.m. Saturday. For more information, call 472-2155 or go to https://sites.google. com/site/sanibelshellfestival/. A



Belton Johnson and the Santiva Captiva Island Historical Society

### photo courtesy Captiva Island Historical Society Archives

# Looking Back: Belton Johnson

his week's image features Belton Johnson, who was an early pioneer on Captiva and captain of the Santiva mailboat in 1960.



The History Gallery, developed by the Captiva Island Historical Society, features many photos like this.

All ages are welcome to step aboard a wooden replica of the old mailboat, Santiva, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for information.

Visit the Captiva Island Historical Society website www. captivaislandhistoricalsociety.org/ archives/research to view many more images to bring you closer to Captiva.☆

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### Churches/Temples

### **ANNUNCIATION GREEK ORTHODOX CHURCH**

Reverend Father Dean Nastos. Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www. annunciation.fl.goarch.org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

### **BAT YAM-TEMPLE OF THE ISLANDS**

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Alan Lessack. www.batyam.org, 2050 Periwinkle Way, 579-0296.

#### HISTORIC CAPTIVA **CHAPEL BY THE SEA**

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019. 11580 Chapin Lane, Captiva, 472-1646.

### FIRST CHURCH OF CHRIST, SCIENTIST

Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

#### SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

#### SANIBEL COMMUNITY CHURCH

Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and Children's Church in Main Sanctuary; 11

a.m. Traditional in Main Sanctuary. Childcare available at all services. www.sanibelchurch. com, 1740 Periwinkle Way, 472-2684

#### SANIBEL CONGREGATIONAL **UNITED CHURCH OF CHRIST**

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel. Associate Pastor. 7:45 a.m. Chapel Service, 9 a.m. Blended Worship Service. 11 a.m. Traditional Worship Service. Sunday School and nursery care at 9 a.m., www. sanibelucc.org, 2050 Periwinkle Way, 472-0497.

#### ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

### ST. MICHAEL & ALL ANGELS **EPISCOPAL CHURCH**

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service third Wednesdays 6 p.m., www. saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

### **UNITARIAN UNIVERSALISTS** OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.☼



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# Community House

Sanibel Shell Festival

The 82nd annual Sanibel Shell Festival is going on Thursday through Saturday, March 7, 8 and 9. Hours are 9 a.m. to 5 p.m. on Thursday and Friday, and 9 a.m. to 4 p.m. on Saturday. A raffle drawing for six prizes will be held on Saturday at 3 p.m. Tickets are availabe at the festival and you need not be present to win.

There is no admission charge for the outdoor shell show. There is a \$5 donation to enter the Scientific and Artistic Division Exhibition Hall featuring artists and shell collectors from around the world. Donation includes admission to the Bailey-Matthews National Shell Museum during the Sanibel Shell Festival (up to \$15 value).

Noted authors will also be signing and selling copies of their books inside at the Authors' Table.

### **Chef Demonstration**

Chef Jarred Harris will lead a vegetarian cooking demonstration on Thursday, March 12 from 10 a.m. to noon. Cost is \$50 for members and \$60 for guests.

### Free Health Talk

Ross Hauser, MD, and Marion Hauser, MS, RD, will hold a free health talk and answer questions on Wednesday, March 13 from 5:30 to 7:30 p.m. Among the topics to be discussed will be how to avoid joint and spine surgery.

The Hausers are full-time Sanibel residents and owners of Caring Medical



Shell critters created by Sanibel-Captiva Shell Crafters will be on display and for sale at the Sanibel Shell Festival photo provided

Regenerative Medicine Clinics in Fort Myers and Chicagoland. They have authored over 30 medical research articles and nine books, including Prolo Your Pain Away.

RSVP to Rachell Vera at 303-4069 or verar@caringmedical.com.

### Dine and Design Workshop

Discover the Wonderful World of Window Treatments with the design team from Decorating Den Interiors on Monday, March 18 from noon to 2 p.m. The presentation will begin after lunch, prepared by Chef Jarred Harris. Cost

is \$30 and reservations are required by March 11.

### **Community Interest Series**

The next Community Interest Series presentation will focus on Living with our Four-Legged Neighbors – Rabbits, Iguanas and Coyotes. The program will be held on Monday, March 18 at 7 p.m. Speakers will be Holly Milbrandt, deputy natural resources director for the City of Sanibel, and Dr. Robin Bast, DVM, staff veterinarian at CROW. A \$5 donation is suggested.

### **Community Social**

All are welcome to attend a community social and buffet dinner on Wednesday, March 27 from 6 to 8 p.m. Tickets are \$15 in advance, \$18 at the door, \$5 additional for the sundae bar.

### Colorful Sips

Paint, snack and sip with local artist Sissi Janku on Wednesday, March 20 from 7 to 9 p.m. Cost is \$50 for members and \$60 for guests.

Yoga Classes Yoga for all levels with Barbara Cline is held on Mondays and Thursdays at

On Tuesdays, Vinyasa yoga with Susan Pataky begins at 10 a.m.

Sanibel Yoga for all levels is held at 10 a.m. on Thursdays with Susan Pataky.

Sanibel Yoga Chi (gentle) is held at 11:15 a.m. on Tuesdays and Thursdays with Susan Pataky.

### **Shell Crafting**

Shell craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

### Honey For Sale

Locally harvested honey is for sale, as well as chutneys and other products made by Chef Jarred Harris.

The Community House is located at 2173 Periwinkle Way. For more information, visit www. sanibelcommunityhouse.net or call **472-2155.**⇔

# The Community House presents the fifth of its COMMUNITY INTERESTS SERIES

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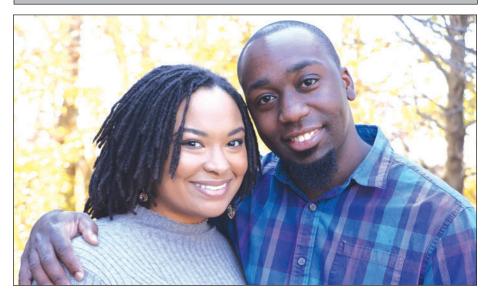
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### WEDDING ANNOUNCEMENT



Whitney Alexis Johnson and Paul Gavin

scar and Myra Jean Gavin announce the upcoming marriage of their son, Paul Gavin, 27, to Whitney Alexis Johnson, 24, of Jacksonville, daughter of Mallory and Donna Johnson. A March 15 wedding is planned to take place in Orlando.

Paul was raised on Sanibel and graduated from Cypress Lake Center for the Arts. He attended the University of South Florida and received a bachelor of music degree in 2015. He is a drummer, music teacher, composer/arranger, band leader and media manager for Giving Tree Music which organizes drum circles

for schools, after care programs, senior centers, special needs and corporate

Whitney Alexis graduated from Mandarin High School and attended the University of North Florida in Jacksonville. She received a Bachelor of arts degree in child & adolescent psychology in 2016. She has been working as a family advocate/program assistant for the Headstart Program.

Paul and Whitney are Christians and very involved in their church. They love to share the Gospel of Jesus Christ with others.☆



The 36th annual Sanibel Captiva Lions Arts & Crafts Fair returns to The Community House photo provided

# Lions Arts And Crafts Fair Begins **Next Friday**

he Sanibel Captiva Lions Arts and Crafts Fair returns to The Community House for its 36th year next Friday and Saturday, March 15 and 16. This community event continues to attract more than 100 talented artists and craftspeople from across the country. It also features silent auction and raffle items donated by island businesses.

"Lions are committed to community service, and the money raised through the arts and crafts fair supports various island charities, vision and hearing based organizations and local scholarships, said Lion Jon Ahlin, one of the fair's

organizers.

Artwork at the fair will include twodimensional and three-dimensional works, as well as crafts, inside and outside The Community House.

There will be numerous opportunities

to win raffle prizes. "Purchase your

raffle tickets early, so you can participate throughout the fair," said Ahlin.

The fair runs from 9 a.m. to 5 p.m. on Friday and 9 a.m. to 4 p.m. on Saturday. Admission for adults is a \$5 donation and children 12 or younger enter free of charge. Parking is free and available across the street from The Community House, located at 2173 Periwinkle Way.

This year's sponsors are John Grey Painting, Royal Shell, Lily & Co. Jewelers, Bank of the Islands, The Cedar Chest Fine Jewelry, Congress Jewelers, 'Tween Waters Island Resort & Spa and Sanibel Captiva Community Bank.



# Council Bids Farewell To Goss, Discusses Signage

by Jeff Lysiak

uring Tuesday's Sanibel City Council meeting, words of thanks and praise were showered upon outgoing Councilman Chauncey Goss, who earlier this year was appointed by Florida Gov. Ron DeSantis to serve on the governing board of the South Florida Water Management District (SFWMD).

Following the January 29 announcement that Goss will be joining the SFWMD's nine-member panel, the longtime island resident - initially elected to serve on city council in March 2015 - declared he would not be seeking re-election to the four-year Sanibel seat. Richard Johnson, island businessman and recent appointee to the city's planning commission, will become the newest member of the city council next month.

"I can't thank you enough for your service," Mayor Kevin Ruane said to Goss. "It's been an honor."

Since being elected to city council, Goss has served as council liaison to the Historical Preservation Committee, Recreation Financial Assistance Committee, Sanibel Captiva Chamber Governmental Affairs Committee and the Employee Dependent Scholarship Committee. In addition, he is a member of the board of directors for the Sanibel-Captiva Conservation Foundation (SCCF), United Way of Lee, Hendry, Glades and Okeechobee, Southwest Florida Community Foundation and Canterbury School. A Sanibel-Captiva Kiwanis Club member, Goss also serves as the city's liaison to the Lee County Horizon Council.

Fellow council members Jason Maughan, Holly Smith and Vice Mayor Mick Denham also honored Goss with words of gratitude and encouragement. "You're a great acquisition to the (SFWMD) board and a terrific representative of Sanibel," said

"I know that people on the local, state and federal levels are going to



Mayor Kevin Ruane, left, joined by members of the Military Order of the Purple Heart Chapter 696 and several island residents who are recipients of the Purple Heart during Tuesday's city council session photo by Jeff Lysiak

benefit from working with you," added

Goss thanked his fellow council members, along with City Manager Judie Zimomra and her staff, for the opportunity to serve his community. "Hopefully, I'll be able to do some good (on the SFWMD governing board) for Sanibel," said Goss. "We are really fortunate to work with a wonderful staff

In other business, the subject of the low flying owl signs – installed along a two-mile stretch of Sanibel-Captiva Road - was brought back before the council again, with a contingent of owl advocates lending their voices to the

During the January 15 city council session, Councilman Jason Maughan introduced a discussion regarding the status of the signs, which were removed in November 2018 in order to perform routine maintenance. Manufactured by Solar Traffic Signs, Inc. at a cost of \$1,915 each, the high visibility signage included flashing warning lights, illuminated between dusk and dawn when triggered by oncoming traffic.

According to Maughan, he had been contacted by several residents concerned with the safety hazard the

signs pose to passing motorists, who claim that they are "blinded" by the flashing white strobe lights. Maughan suggested that the illuminated signs are a distraction to drivers, and may be doing more harm to humans than good for owls.

Following a lengthy discussion, members of the council decided to reinstall the pair of screech owl signs, but without the flashing light element. However on Tuesday, the topic was brought up for discussion by Ruane. A proposal to alter the signs - using the word "caution" instead of "warning" had been suggested by resident Larry Schopp. Another suggestion was to add a smaller, rectangular sign beneath the main, diamond-shaped sign with the message "Next Two Miles."

According to Schopp, as many as 10 dead screech owls had been discovered within six weeks of the non-illuminated signs being reinstalled. He, along with Doris Hardy and several island residents who live nearby the affected area, petitioned the council to reconsider adding a lighting element that will make the signs more visible at night.

'If we can come up with better wording on these signs, I think we've got a home run," said Hardy.

"These signs are a reminder that Sanibel is a different place," added Sandy Gage, one of a half dozen residents to speak in favor of altering the owl signs. "They're a real plus for this community... they have real PR (public relations) value."

While Maughan expressed his disappointment that council was considering revisiting an issue that had been settled two months earlier, he insisted that any changes to the owl signs be done without adding a lighting element.

"It is essential that these signs be lit," explained resident Claudia Burns. "They'll be totally ineffective without

After some additional discussion and considering several options, Councilwoman Holly Smith made a motion to direct city staff to "use their best judgment" and install two new diamond-shaped owl signs with a highly-visible "Low Flying Owls" message and owl graphic, plus additional signage reading "Next Two Miles." No lighting element will be

Members of the council voted 4 to 1, with Maughan dissenting, to approve the new signs.₩

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# **Unitarians Hosting** Poetry Reading And Discussion

ll are invited to attend the Sunday, March 10 meeting of the Unitarian Universalists of the Islands, who will gather at 5 p.m. in the fellowship room of Sanibel Congregational United Church of Christ. Mike Wine will lead the group in the reading and discussion of Stevie

Smith's religious poetry.
Wine is a husband, father and grandfather; and a retired business manager now living on Sanibel. After graduating from La Verne College in La Verne, California, he and his wife, Sherri, spent a year in Jackson, Mississippi as part of a Brethren Volunteer Service unit. The next couple years found them in Arcadia, Florida, where their first child was born. Eventually, they moved to southwest Missouri, where they lived for the next 35 years before moving to Sanibel. According to the couple, this little island quickly felt like home.

Stevie Smith (1902-1971) was one of the best English poets of her generation. Her distinctive verse runs the gamut of poetic expression and life. Sometimes whimsical, then biting, but with humor; occasionally macabre, but always honest. Sven Birkerts wrote in The Gutenberg Elegies, "I read books to read myself." Stevie Smith is a poet who enables us to read ourselves. Among her hundreds of poems, there are those that touch on God and religion. Her framework was often her own Anglican faith. And though very



Mike Wine

photo provided

critical, she did eventually embrace a fresh version of what religion could mean. With a broader understanding of what God is (or can be), comes a deeper appreciation

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle

# New Theological **Studies Course**

n Wednesdays, March 13 and 20, the Rev. Dr. John H. Danner and the Rev. Deb Kunkel of Sanibel Congregational United Church of Christ

(SCUCC) will present a new course, titled A Woman's Place. In this new Theological Studies course, they will examine the role of women in the life of the Christian church. They'll highlight particular women who have brought about change in the way the church has lived out its life over the centuries.

Each class will be presented twice,

at 10 a.m. and again at 7 p.m., in SCUCC's Fellowship Hall. Theological Studies programs at SCUCC are free, and the public is welcome to attend.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For more information, call 472-0497 or visit www.sanibelucc.

# Day Of Prayer Held At St. Isabel's



Members of the guild who participated in the program, from left, Bev Warren, Veronica Gallo, chairperson Barbara Bennett, guest Frank Mur on his button accordion, Judy Harding, Donna Oberling, Francine Dale, Annette Hendrick and Suzie Cullen. photo provided

he St. Isabel Women's Guild hosted the 2019 World Day of Prayer on March 1 in the parish hall. The event focused on the country of Slovenia and the service was written by the women of Slovenia. This was an ecumenical service and members from the various churches on Sanibel participated.

An offering was taken to support the

World Day of Prayer Ministry. Frank Mur, who was born in Slovenia, attended and shared some interesting information about the country and entertained the guests playing some lively tunes on his button accordion. A light meal was served featuring some Slovenian foods.
The country flag of Slovenia is white,

blue and red so many participants dressed in these colors.☆



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November 15, 2010 - March 2, 2016

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You were a ray of sunshine and we were so blessed by it Sweet memories of you warm our hearts now Hugs and kisses,

Grandma and Pop Pop☆

# Committee Members Sought

hose interested in the preservation of the Sanibel's unique history may apply to serve on the City of Sanibel Historical Preservation Committee.

Qualifications for this position include: Members appointed by city council must serve a one-year term;

Appointees must be full-time residents of Sanibel;

Appointees must have knowledge, skills or interest in historical preservation.

Responsibilities include: Attend committee meetings on the first Thursday of each month at 9 a.m. in MacKenzie Hall at Sanibel City Hall, 800 Dunlop Road;

Assist in the acquisition and deaccession procedures of materials and



objects acquired by the committee;

Assist the city's historical preservation committee in collecting, procuring, preserving and displaying items relating to the history of the islands of Sanibel, Captiva and their environs;

Other duties as outlined in the City of Sanibel's ordinances.

Any resident wishing to serve may go to https://mysanibel.granicus.com/boards/w/ff750aa1174c29f2. After opening the hyperlink, use the drop down arrow under Committee Choice to choose the Historical Preservation Committee. Continue to complete the online application. At the end of the application process, click the green "submit" button, which will allow submission of your application to the city clerk.

The deadline for submission is Friday, March 18. If you have any questions, contact the city manager's office at 

# Preschool Openings For New School Year

hildren's Education Center of the Islands on Sanibel will have openings in its 12-month-old program for the new school year, beginning August 12. The class will offer options for two, three or five days, either half or full day.

The Children's Education Center of the

Islands provides a well-rounded education for preschoolers ages 12 months to 5 years. The preschool believes in a placebased, emergent curriculum where students go outside to explore the five-acre campus and learn about Sanibel's flora and fauna.

An emergent curriculum is used to build upon the interest of the children. They learn through discovery and investigation, social interactions, art, music and most importantly, play. The skills that a preschool child learns, such as letters and numbers, are woven into these types of activities naturally. This type of learning is both developmentally appropriate and allows for incorporating the unexpected learning moments

For more information, call Cindy DeCosta at 472-4538.袋



# What's Happening At The House

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> MON. MARCH 11 8:30 am Island Yoga

### **TUES. MARCH 12**

10 am Hands On Cooking 10 am & 11:15 am Sanibel Yoga

### MON. MARCH 18

12 pm Decorating Den Luncheon w/ Chef Jarred \$30 "Window Treatments" 7 pm Community Interest Speaker Island Pests That We Don't Like

### **MARCH 18 & 25**

10 am Shell Crafter Lesson **Limited Seating** 

### TUES. MARCH 19

4-6 pm Cooking Demo w/ Chef Jarred

### WED. MARCH 20

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# Night Of Love And Laughter For Youth Ministry



From left, Pace Padgett, Isla Mendez and Isabelle Quillen showing off their red attire photos provided





From left, Andy Sullivan, Nathan Ames, Holly Patton-Roark (children's ministry director), Audrey Mulka, Pierce Padgett and Siena Lodwick performing the conga line dance

n February 13, the Sanibel Community Church LOGOS youth ministry students celebrated Valentine's Day with a Love You to the Moon and Back theme. They created Valentines for their moms and had an Italian-style family dinner. Their recreation time included throwing moon rocks into the craters (corn hole). The night's challenge was spoon

hanging. The ultimate winner was fifth grader Anna Anderson-Kilgore. The competition was tough. The students had to lift an arm or balance on one leg while keeping a spoon hanging on their noses. The celebratory night ended with a conga line dance.

The LOGOS group meets every Wednesday night from 3:30 to 6:45 p.m. If you have a child that is pre-K to



Kieran Kerscher and Sunny Plassard playing corn hole at recreation time

fifth grade and are interested in finding out more about the program, contact Holly Patton-Roark at 472-2684.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way (next to Jerry's Market).☆



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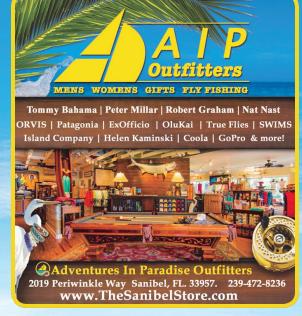




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# Southern Fleabane

by Gerri Reaves

outhern fleabane (Erigeron quercifolius) is a wetland wildflower native to the Southeastern U.S. and widespread throughout Florida.

This member of the populous aster family is common along roadsides and in yards, pinelands, fields, undeveloped lots and open hammocks.

It is also known as oakleaf fleabane, because of the lobed basal leaves that resemble those of the oak tree. Thus, the Latin word quercifolius, which means "oak-like foliage."

Another name, daisy fleabane, refers to the daisy-like clusters of flowers of only a quarter- to a half-inch across.

This fast-grower can reach three feet tall, but usually only 18 to 24 inches. The delicate branched stalks and the stems are covered in very fine hairs.

The flowers have 100 to 200 feathery white-to-pinkish ray florets surrounding a bright yellow disk of florets. They bloom throughout the year in South Florida, peaking in spring and summer. The flower attracts a variety of pollinators and is a nectar plant for the rare and imperiled zarucco duskywing butterfly (Erynnis zarucco).

The rosette of rough obovate leaves can measure a half-foot across. The deeply notched leaves are two to four



Native southern fleabane is a member of the aster family and blooms all year in South photos by Gerri Reaves

inches long and broadest at the tip. The few alternate leaves higher on the stems are much smaller and clasping.

If you welcome this species into your yard or wildflower garden some people condemn it as weedy -- you'll find that it couldn't be more low-maintenance. It is highly drought tolerant, moderately salt tolerant and will grow even in nutrient-poor soil.

Southern fleabane easily colonizes in suitable conditions. One approach is to let it create a miniature meadow as an



This adaptable wildflower is common in yards and untended lots

alternative to turf grass, even in a small patch of garden.

You can sow the seeds collected from the dry flowerheads.

This wildflower prefers full sun and can be particularly pretty when growing alongside other species with contrasting colors.

The term "fleabane" refers to the belief that the foliage repels, or banishes, fleas when burned or stuffed into bedding.

Sources: Everglades Wildflowers

by Roger L. Hammer, Florida Wild Flowers and Roadside Pants by C. Ritchie Bell and Bryan J. Taylor, National Audubon Field Guide to Florida, Wildflowers of Florida by Jaret C. Daniels and Stan Tekiela, https:// flawildflowers.org, www.fnps.org, http://hawthornhillwildflowers.blogspot. com, https://plants.ifas.ufl.edu, and www.regionalconservation.org.

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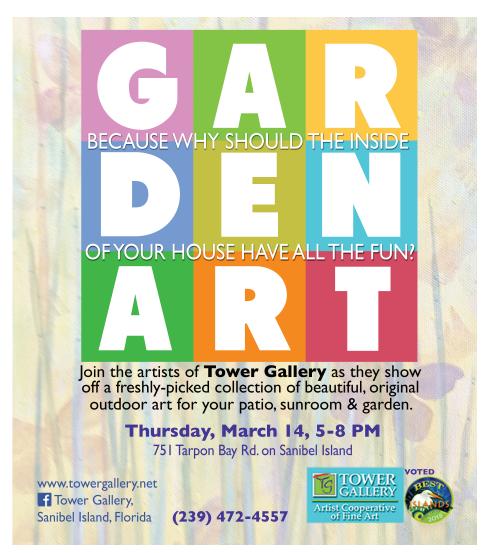
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# **Orchid Society** Meeting

ohn Romano, who runs orchid groups on Facebook and YouTube, will be the guest speaker at the Monday, March 18 meeting of the Sanibel Captiva Orchid Society. His topic will be Soft Cane Dendrobiums.

Romano started growing orchids in 1979 at the age of 13. He has worked as grower at a number of nurseries including JEM Orchids in Delray Beach, Florida. He is a member of the Coalition of Orchid Species and is a popular speaker at orchid societies. The meeting will take place at 1:30 p.m. at St. Michael & All Angels Episcopal Church, located at

2304 Periwinkle Way on Sanibel.

Orchid enthusiasts are encouraged to come to the meeting's fundamentals session at 1 p.m. to hear members talk about their techniques for growing orchids.

In March, Gary Murza will speak on Water: It's Not Just H2O. Anyone with questions or an "ill orchid" that needs diagnosis can bring their plants to the meeting during show and tell. Orchid society members are invited to participate in a monthly show. Ribbons are awarded for best hybrid and best species orchids. Most meetings will have orchids for sale as well as an orchid raffle. Annual society membership is \$25 per individual or \$45 for couples. Guests are \$5 per meeting.

For more information, visit www. sancaporchid.org.☆

# Shell Club Meeting And Silent Auction

he next meeting of the Sanibel-Captiva Shell Club will take place on Sunday, March 17 at The Community House, located at 2173 Periwinkle Way. Doors will open at 1:45 p.m. There will be a silent auction for some beautiful shells. Refreshments will be served and door prizes will be awarded.

This month's speaker will be Dr. Greg Herbert. Dr. Herbert is an associate professor in the School of Geosciences and director of the Institute

for the Advanced Study of Culture and the Environment at the University of South Florida in Tampa. The title of his presentation is A Decade of Research Expeditions to Study The Deep Water Mollusks of the Eastern Gulf of Mexico.

Dr. Herbert has a BA in philosophy from Loyola University in New Orleans and a PhD in geology from the University of California at Davis. Dr. Herbert lives in Tampa with his wife and two daughters.

Dr. Herbert grew up on the gulf coast collecting seashells and has turned that lifelong passion into a career. As a professional malacologist, Dr. Herbert and his graduate students study the conservation of Florida marine mollusks and the taxonomy and evolution of the family Muricidae.

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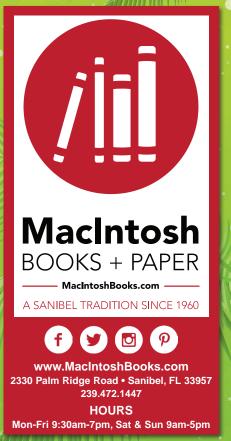
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### March Snookin'

by Capt. Matt Mitchell

That an amazing week of fishing this was. We caught and released lots of snook, even while dealing with days of slow to no tide movement. Now that the water temperature in the mid-70s, snook are feeding hard after a few months of what can only be described as a cold-water hibernation. If you caught a live well full of shiners, it was hard to go wrong.

The one real key to this week's fishing for me was staying on the eastern side of the sound in the clean clear water. This also has rung true for catching shiners. Water by the passes was milky, stirred up and seemed to hold

very few snook, even though several times this week the inside of the passes was loaded with feeding mackerel and ladyfish during the incoming tide as bait poured into the bay.

Being able to ride around on a tower to spot snook in crystal clear water then set up and present a bait to them is about as good as it gets as a guide. Snook this week averaged in the mid-20-inch range with the largest brought to the boat measuring 31 inches. This week, we did hook a few real monster snook that parted ways after winning the battle to get to the barnacleencrusted mangrove roots.

Now that our season is in full swing, the boat traffic out on the bay is really busy. I always find it interesting as to where people set up and fish. Many of our well-known trout spots throughout the bay have boats fishing them as they have in years past. Unfortunately, this winter has been different than any other winter I have fished. Places I could count on to get it done simply do not have any fish. If you are a trout fisherman, life is tough for you. Luckily, the Spanish mackerel and ladyfish have shown up on many of the flats that traditionally had excellent trout fishing.

Clients looking for fillets this week took home mangrove snapper on most trips. They have come as a bonus while catch-and-release snook fishing. I'm certainly not a meat fisherman, and going fishing is more about the whole experience rather than bringing home fillets. I often joke with clients that if they are looking for groceries, there are stores for that. It's a beautiful place that we live in. Get out on the water and let it calm your soul.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.\$



Ron from Ohio with a 31-inch snook caught and released with Capt. Matt Mitchell this week photo provided











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CROW Case Of The Week:

# Florida Softshell Turtle



by Bob Petcher

he Florida softshell turtle (Apalone ferox) is a freshwater turtle with a leathery shell that is as proficient on land as it is in the water. The female species can nest two to seven

times in a single season and reportedly produces nearly 225 eggs every year, an output that is more than almost any

other species of reptile.

At CROW, an adult female Florida softshell turtle was admitted from Cape Coral after being hit by a car. During her intake exam, the turtle began laying eggs. In total, 24 eggs were laid. The eggs were placed in vermiculite to be incubated until they hatch.

'If the eggs are viable, they will incubate for a total of 60 to 80 days before hatching. Once they hatch, the baby softshell turtles are completely capable of fending for themselves. They get no support from their parents, but they know how to eat, swim and survive immediately," said Breanna Frankel, CROW wildlife rehabilitation manager. "Not all the eggs will hatch at the same time, so we end up with small groups

of turtles at various times towards the end of the incubation period. The babies only remain at the clinic until their yolk sac is completely absorbed, and we will typically release them in small groups as they are ready.'

In southern Florida, female adult turtles tend to leave the water to dig nesting holes in a sandy area during this time of year until July.

'Mother turtles can often be hit just as they are ready to lay eggs, either en route to a trusted nesting site or searching for a new, ideal nesting site. This was likely the case for this turtle," said Dr. Lela Larned, CROW veterinary intern. "It does not happen commonly, but in the past three weeks, this turtle (was) one of three mothers in the midst of laying when admitted to the hospital for other injuries. On March 4, a common grackle that was ready to lay an egg was struck by a car and subsequently laid it while in our care. On February 28, we admitted a great egret that was also ready to lay an egg when she became entangled with fishing line in a tree."

X-rays later revealed that one egg remained inside the Florida softshell turtle. She was provided with a suitable place to lay her remaining egg while she was being treated for superficial wounds and a minor bridge fracture.

"Sometimes, a female turtle needs a rest between laying eggs; other times a lingering egg is a sign of trouble such as internal injuries, exhaustion, pain and even electrolyte disturbance or dehydration," said Dr. Larned. "The bridge is the part of the turtle's shell that



Patient #19-0473 passed away due to internal injuries, but there is hope that her eggs remain viable and could hatch after the incubation period photo by Brian Bohlman

connects the carapace to the plastron. When a turtle experiences a high velocity impact, very often bridge fractures occur due to shearing forces. Unfortunately, bridge fractures often hint at the possibility that the turtle's internal organs also experience trauma.'

Dr. Larned explained that simple shell fractures "can heal as quickly as six to eight weeks with orthopedic surgical intervention." Sadly, fears of trauma within the body of the turtle were confirmed.

"Unfortunately, this turtle suffered

internal injuries in addition to what appeared to be minor injuries on the surface and passed away just a few days after being admitted to the hospital," she

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, . Sanibel, FL 33957. Call 472-3644 or 

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# Prea Sea Slug



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

The Prea Sea Slug Sclerodoris prea (Ev. Marcus & Er. Marcus, 1967) is a nudibranch

gastropod mollusk that measures about 40 mm (about 1.5 inch). Nudibranchs are shell-less sea slugs that bear their respiratory organs, the "gills," externally (the term Nudibranchia is a combination of the Latin word for naked, nudus, and the Greek word for gills, branchia.) Although I don't know this for a fact, it is very likely that zoologists Eveline and Ernest Marcus named the species after another animal, the Brazilian Guinea Pig, Cavia aperea Erxlenben, 1777, or, in Brazilian general language, preá. The 1.5-inch slug was found by Lorin Buckner on seagrass flats near the Sanibel Causeway. Read more about local Southwest Florida mollusks and their shells at www.shellmuseum. org/southwest-florida-shells and www.



The Prea Sea Slug, Sclerodoris prea

shellmuseum.org/blog.

### Shell Museum Events

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk. Check out our family programs. We are the only natural history museum in North America devoted entirely to photo by José H. Leal

shells. Drop by and let us inform and inspire you. Visit www.shellmuseum.org or call 395-2233.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

# Audubon 'Ding' Darling Bird Walk



**Tricolored heron** photo by Sam Huntington

The next bird walk of the Sanibel-Captiva Audubon season will be held on Saturday, March 9 at the JN "Ding" Darling National Wildlife Refuge on Sanibel. Participants will meet in the overflow parking lot (to the left as you drive in) at 8 a.m. These bird walks are open to the public and all levels of experience; refuge fees will apply. The Duck Stamp and Federal Senior Pass are accepted forms of payment.

For more information, visit www. san-capaudubon.org.

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# **SCCF Programs**

he Sanibel-Captiva Conservation Foundation (SCCF), located at 3333 Sanibel-Captiva Road, is offering the following programs:

Mondays at 8:30 a.m. - Weeds & Seeds

Join a group of amateur botanists who enjoy finding and identifying native plants on Sanibel and the Caloosahatchee watershed. Walks, held at different locations in Lee County, last for two hours and are guided by a leader with a plant list. Depending on the location visited, you may need parking money. Bring a hat, water, sunscreen and comfortable enclosed shoes with socks. Meet at the Nature Center at 8:30 a.m. (depart at 8:45 a.m.) at the base of the porch and carpool to the site.

Tuesdays at 10 a.m. – Florida Panthers & Wildlife Corridors

Florida panthers are the rarest mammals in North America - and their future depends on wildlife corridors. While not found on Sanibel, they play an important role in maintaining the ecosystems of Southwest Florida. The last few years have seen recordbreaking panther deaths, but there is hope in protecting their habitat and allowing the elusive cat to spread north into its historic habitat. Prior to joining us, SCCF Public Outreach Coordinator Alexis Horn ran the Sierra Club's Florida Panther program. She will explain what makes Florida panthers unique and why they are so vital to the

environment. Program held at SCCF Nature Center.

Tuesday to Thursday at 11 a.m. – Interior Wetland Trail Walk

Sanibel Island is a unique barrier island in Florida because it still has an interior freshwater wetland ecosystem that has not been lost to development. Take a guided walk through the interior wetlands and mid-island ridges of the Center Tract with discussion of native habitats, natural and cultural history and preservation efforts. Meet at the SCCF Nature Center.

Wednesdays at 9 a.m. – Bowman's Beach Walk

Meet your SCCF guide at Bowman's Beach at the foot of the bridge that crosses the bayou on the way to the beach. Your guide will lead you along the beach towards Blind Pass and back along the back dune/bayou trail. Keep your eyes open for shorebirds and gopher tortoises. Learn about SCCF's 50-year role in island preservation. Free to all but you must pay to park.

Thursdays at 10 a.m. – Turtle Tracks Sanibel Island had one of the first sea turtle monitoring programs in the country. Learn about the life cycles and habits of the sea turtles and shorebirds that nest on the beaches, SCCF's monitoring activities, and what is being done to protect them. Program held at SCCF Nature Center.

Thursdays and Fridays at 10 a.m. – Bailey Homestead: Making the Land

This one-hour walking tour of the Bailey Homestead Preserve blends

SCCF's mission-driven work on the historic property, the history of the land itself and some stories about the Bailey family, which farmed the land for three generations. No reservations are needed. The Bailey Homestead Preserve is located at 1300 Periwinkle Way on Sanibel.

For more information, call 472-2329.蓉

From page 1

### Seahorse Chorale

well as a chance to perform a combined concert.

George and I knew each other from performing as members of the Symphonic Chorale of Southwest Florida, and he knew that I was a music teacher at The Sanibel School." said Giangreco. "This ensemble has done workshops and performances with other middle and high schools, and George wanted to see if this was something I was interested in for The Sanibel School. I thought this was a great opportunity for my students to sing, learn from and work with college students performing in a select vocal ensemble.

Pattison reported that the Franklin & Marshall Chamber Singers are currently on their annual Spring Goodwill Tour, performing special concerts at assisted living facilities such as The Carlisle in Naples and The Pavilion at Shell Point in Fort Myers. They will also perform free concerts at Naples Botanical Gardens and First Presbyterian Church in Bonita Springs.

"Over the past 13 years, I am always thrilled when these beautiful voices arrive here in Southwest Florida," said Pattison.

Both ensembles will present their own repertoire, plus they will combine to perform a few pieces together.

Under the direction of Dr. William Wright, the Franklin & Marshall Chamber Singers will perform songs including Billy Joel's And So It Goes, arrangement by Bob Chilcott, The Fall by Jonathan Miller, Remember by Stephen Chatman, Sing Me To Heaven by Daniel Gawthrop and several spirituals and motets.

The Seahorse Chorale will perform Misty Morning by Carl J. Nygard, Dodi Li arranged by Doreen Rao, Keep Your Lamps Trimmed and Burnin' arranged by Greg Gilpin, Galop arranged by Ken Berg, and This Is Me from The Greatest Showman arranged by Mac Huff.

"In our discussions, we agreed that the ensemble and their director would come into one of Seahorse Chorale's rehearsals and work with our group on a couple of their pieces," added Giangreco. "This is the first time a college choir has ever done a workshop and performance with Seahorse Chorale. The students are very excited for this opportunity. They are looking forward to working with a collegiate choir and to having the opportunity to perform a couple pieces with them during the concert."

The Sanibel School is located at 3840 Sanibel-Captiva Road. For more information, call 472-1617. A





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# Trivia Night At Sanibel Sea School

n Friday, March 15 from 5 to 7 p.m., Sanibel Sea School will host a trivia night as part of the organization's spring 2019 program series for adults. The theme will be sea level rise, and most questions will be related to this topic, but there will be some wild card questions included for

'If you think you can win at this game, or even if you just want to learn more about our rising seas, we hope you will stop by to play a few rounds of trivia and enjoy music, beverages and prizes," said marine science educator Shannon Stainken.

This event will be held at Sanibel Sea School. Cost is \$10 per person, which includes drinks. Call 472-8585 to RSVP. To learn more, visit www. sanibelseaschool.org. \$\square\$

# Birding Identification Course For Adults

anibel Sea School will offer a course on seabirds for adults in March. Southwest Florida is a birder's paradise, so sharpen your birding skills and set yourself up to enjoy the endless birding opportunities this region

Participants are invited to attend this intensive identification course on Tuesday, March 12 from 9 a.m. to noon.

"We will modify our lesson plan based on our students' interests and existing knowledge, so no matter how much birding experience you have, you will have a chance to learn new things," said Dr. Bruce Neill, Sanibel Sea School executive director.

Cost is \$75 per student and includes optional loaner binoculars. For more information or to register, visit www. sanibelseaschool.org or call 472-8585. Sanibel Sea School is located at 455 Periwinkle Way. \\

SCCF

# Top Ten Books On The Island

- 1. Lost Girls of Paris by Pam Jenoff
- Our Little Secret by Roz Nay Threat by Andrew McCabe
- 4. Where the Crawdads Sing by Delia Owens
- 5. Need to Know by Karen Cleveland
  - 6. Pachinko by Min Jin Lee
- Perfect Couple by Elin Hilderbrand
- 8. Dead Ex by Jane Corry'

www.sccf.org

- No Sunscreen for the Dead by Tim Dorsey
- 10. Freefall by Jessica Barry Courtesy MacIntosh Books and Paper.☆



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SCCF Nature Center — 3333 Sanibel-Captiva Road

Sanibel-Captiva Conservation Foundation

### WEEDS & SEEDS

Walk Bailey Road Beach with this group of amateur botanists. Monday, 3/11. Meet at Nature Center at 8:30 and carpool.

### BOWMAN'S BEACH WALK

Walk Bowman's Beach towards Blind Pass, exploring the beach habitat, and then head back along the back dune/bayou trail. Wed., 3/13 at 9 a.m.

### TRAIL WALKS: EXPLORE SANIBEL'S INTERIOR WETLANDS

Walk Sanibel's interior wetlands and mid-island ridges and learn about native habitats, history and preservation efforts. Tues. - Thurs. at 11 a.m. at the Nature Center.

Info on all walks at www.sccf.org

SCREECH OWLS & NESTING BOXES

Learn about the nesting habits and life cycle of

screech owls - and nest boxes will be for sale.

Tues., 3/12 at 10 a.m. at the Garden Center, Bai-

SHARKS: CULTURE & CONSERVATION Join SCCF for "Sharks: A Cultural & Conservation Story of these Misunderstood Creatures" by SCCF CEO Ryan Orgera. Humans kill over 100 million sharks per year but sharks are integral to a healthy ocean and without them, entire ecosystems fail. Before joining SCCF, Ryan was an international shark advocate for The Pew Charitable Trusts. He is an expert on sharks in American culture. Thurs., 3/14. Doors open 6:30. Program at 7. Tickets \$10. Bailey Homestead, 1300 Periwinkle Way. Light refreshments. Advance registration required: sccf.org, click on Programs, click on Evenings at the Homestead, then Eventbrite.

### TURTLE TRACKS

Learn about the sea turtles that nest on our beaches, about SCCF's monitoring activities and the devastating impacts of this past summer's Red Tide, when 204 dead sea turtles washed up on island beaches between July and November. Thursdays at 10 a.m. \$5. Free to members and children.

> SHOREBIRDS OF SANIBEL & CAPTIVA Join SCCF biologists to learn about the shorebird species that nest on our beaches, including snowy plovers, least terns and wilson's plovers. Learn how you can safely share the beach and help us protect our feathered friends. Thursday, Mar. 14 at 2 p.m. \$5. Free to members and children.

# ley Homestead Preserve, 1300 Periwinkle. \$5.

### Panthers & Wildlife Corridors

Florida panthers are the rarest mammals in North America and play an important role in SW Fla ecosystems. Their future depends on wildlife corridors. Tuesday, March 12 at 10 a.m. at the Nature Center. \$5.

### **SCCF at Work**



The City of Sanibel dedicated its Jordan Marsh Water **Quality Treatment Park on March 1, along Casa Ybel** Road on six acres of City land and 1.3 acres owned by SCCF. SCCF's Marine Laboratory spent four years working in collaboration with the City to develop a comprehensive nutrient management plan.

Now that the Marsh is operational, SCCF is working with the City to set up a monitoring plan. The Marine Lab will be monitoring flow data as well as collecting and analyzing samples, with a report due in September.

Thurs & Fri This one-hour walking tour of the Bailey Homestead Preserve blends SCCF's work on the property, the history of the land and stories about the Bailey family, which farmed the land for three generations. Tour includes the Windmill, demonstration gardens, the Devitt Pond constructed by SCCF and entrance to the Bailey family home. Walking shoes recommended. Thursday and Friday, 10 - 11 a.m. 1300 Periwinkle Way, Meet at Conservation Gateway Kiosk at the head of the Shipley Trail. Walk is free but \$5 donation welcome. Call 472-1932 for more info.



From left, Christine Szymanczyk, Deb Szymanczyk and Dana Crater at Octifest 2018

# Octifest Fundraiser To Feature Adult Scavenger Hunt

uests at this year's Octifest on the Beach will have the option to participate in an event-wide scavenger hunt to win a grand prize. Coming up on Saturday, April 13 at 6:30 p.m., Octifest supports Sanibel Sea School's scholarship program to provide ocean education for all, and helps the organization purchase much needed equipment and supplies.

During the fundraiser, those who would like to complete the scavenger hunt will be given a card with a checklist of trivia and

tasks to complete. These might include questions about the ocean and the islands, wine tastings or group photo challenges.

"We wanted to do something new this year to make Octifest even more exciting for those who attend," said event coordinator Chrissy Basturk. "We received so much positive feedback after our Flip Flop Family Scavenger Hunt last year, so we thought it would be a good idea to create a shorter, more adult oriented version for our annual celebration."

Basturk added that the grand prize has not yet been announced, but will be shared soon via the organization's social media channels.

Octifest provides the single largest influx of funds to support our mission and programs each year," said Basturk.

"We are so grateful to our community for making our work possible, and we hope you will join us for this night out for a very

Octifest tickets are \$150 per person and include an evening under a big

top tent on Sanibel Causeway Island A complete with drinks, dinner, music, sunset views, live and silent auctions, and the scavenger hunt.

For more information or tickets, visit www.octifest.org or call 472-8585.☼



Wu Han and Chamber Music Society of Lincoln Center

photo provided

# Music Festival **Concert Saturday**

ianist Wu Han joins Chamber Music Society of Lincoln Center violinists Arnaud Sussman and Alexander Sitkovetsky, violist Matthew Lipman and cellist Nicholas Canellakis in a program titled Russian Mastery. They will take the stage at Sanibel Music Festival on

Saturday, March 9 at 7:30 p.m. at Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way.

The concert is sponsored by Sue and Tom Pick.

Tickets may be purchased for \$50 each by calling 344-7025, or online at www.sanibelmusicfestival.org. Tickets may also be purchased at the door one half hour before each performance, and are also available at the Bank of the Islands, 1699 Periwinkle Way.

From page 1

### Shell Festival

unisex styles in multiple colors.

The shell show is open to competitors of all ages from anywhere in the world. Winning an award at this show means you have "reached the top."

Special exhibits include Oscar the

Octupus, a two-foot high and 82-pound octupus made from over 10,000 shells. His legs/appendages are approximately four and a half feet long.

There will be several authors present

to sell and sign their books which include identification guides, shell fiction and children's books. These authors include well-known naturalists Blair and Dawn

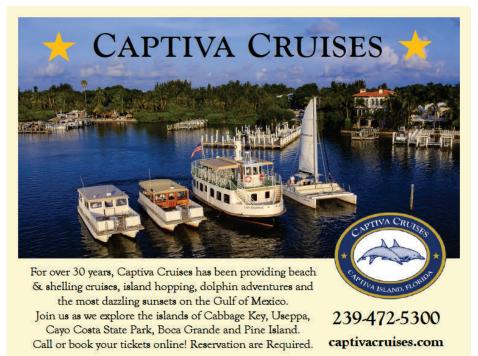
Witherington as well as Jennifer L. Schiff, Ron Base, Anne Joffe, Harlan Wittkopf, Hatsue Iimuro, Karen Bartlett, Pete Krull, John Mills, Bev Dolezal and Alice Cypress.

Activities outside will include crafting demonstrations and a live tank of mollusks. Local students will be on hand to answer your questions about these amazing creatures which live in the shells.

While there is no entrance fee to the Shell Festival grounds, a \$5 donation is requested to attend the inside shell show. With a donation comes a free admission to the Bailey-Matthews National Shell Museum during the festival, a \$15 value.

For more information call 472-2155 or go to https://sites.google.com/site/ sanibelshellfestival./雰







Hooded cuttlefish

# Aquarium Animal Spotlight: Cuttlefish

The Bailey-Matthews National Shell Museum just celebrated a successful groundbreaking on its Your Museum Comes Alive! project, which will expand the museum to include an innovative aquarium with all types of amazing mollusks, including octopuses, giant clams and cuttlefish.

Cuttlefish are a group of mollusks closely related to squids and octopuses. Through millions of years of evolution, cuttlefish have lost their external shell, but still have an internal cuttlebone. Cuttlefish have eight arms and two tentacles, which they use to capture and hold their prey. Like their octopus cousins, cuttlefish are expert camouflagers. They are able to

photo by prilfish (CC BY 2.0)



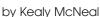
change not only the color and pattern of their skin, but also the texture in order to completely blend in with their surroundings.

By adding a living collection of mollusks to its already extensive shell collection, the museum aims to better educate its visitors by connecting people with the natural world around us and inspire its community by sharing its passion for protecting the oceans' amazing biodiversity.

Visit www.shellmuseum.org/alive or contact Executive Director Dorrie Hipschman at 395-2233 for more details.☆

# Paddling Safely Near Manatee's





s winter in Florida comes Leto an end and our waters begin to warm up, it is a great time to spot manatees around Sanibel. Even with their thick, leathery skin, these docile creatures are unable to thrive in water below 68 degrees Fahrenheit, and can get cold stress syndrome, a cold-related disease that is sometimes fatal. But now they are beginning to migrate back to our area after taking shelter in warmer zones for the past few months.

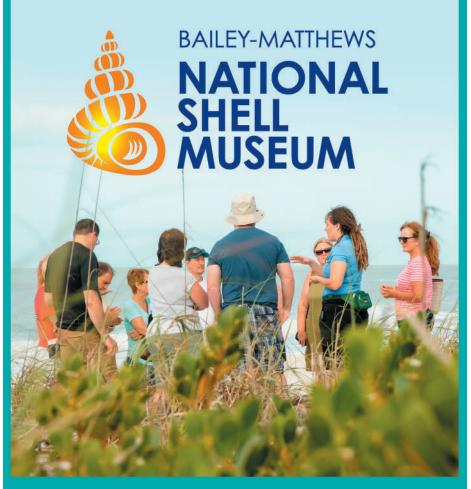
One of the best ways to observe these majestic creatures is from the comfort of your paddle craft, which allows for minimal disturbance and habitat damage. From your quiet vessel, manatees are likely to behave naturally, going about their usual business. Even though paddling is usually peaceful and safe, paddlers are not exempt from the rules governing the protection of this endangered species.

When paddling, give wildlife the same level of personal space that you might desire for yourself. You are responsible for looking out for animals, and you should only observe manatees and other creatures from a distance.

Manatees are very curious, and have been known to lose their natural caution at the sight of humans and vessels. Even if a manatee approaches your vessel, you should try to minimize contact. Remember that manatees have a powerful tail that can flip your vessel or upend you if the animal makes an abrupt, forceful move to get away. Always ensure that you are far enough away that the manatee does not become scared or aggressive.

When you behave respectfully towards wildlife as a paddler, you are sure to have many exciting chances to observe creatures in their natural habitat.

Ocean Tribe Paddlers is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org or follow on Facebook to learn more.☆



# **DISCOVER THE BEACH** FOR THE FIRST TIME.



Walks depart at 9 a.m. every day, from the Island Inn. Advance reservations are required. Register online at:

SHELLMUSEUM.ORG/BEACH-WALK

# CROW Calendar Of Events

he Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Saturday. Daily presentations are offered at 11 a.m. and 2 p.m. Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m., and Wednesday, Thursday and Friday at 2 p.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, March 8, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, March 8, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Friday, March 8, 2 to 3:30 p.m., \$25 per person, advance registration with payment required - Wildlife Walk with Rehabilitators and Staff (hospital

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, March 8, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Patient Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.

Saturday, March 9, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Baby Care at CROW

(daily presentation).

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for



themselves.

Saturday, March 9, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Monday, March 11, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Monday, March 11, 11 a.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Monday, March 11, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Monday, March 11, 4:15 p.m., adults: \$10, ages 13 to 17: \$5, ages 12 and under no charge, advance registration recommended (seasonal program) - Speaker Series: Florida Box Turtle Habitat Preference & Home Range on Sanibel Island presented by Chris Lechowicz, director of habitat management and herpetologist for Sanibel-Captiva Conservation Foundation (SCCF).

Florida box turtles (Terrapene carolina bauri) are a small, long-lived and semi-terrestrial species of turtle found throughout the peninsula of Florida and on many islands off Florida. SCCF has been monitoring box turtles on Sanibel and Captiva, with a markrecapture study, since 2002 and has over 350 turtles in its database. They just started a radio telemetry project to compare home ranges of Sanibel box turtles in three different habitats on the island as well as other island populations throughout the state.

Tuesday, March 12, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, March 12, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

**Tuesday, March 12, 2 p.m.**, adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - CROW Case of the

Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Wednesday, March 13, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Wildlife Rescue 101

(daily presentation).

Have you ever come across wildlife in "distress" but did not know the appropriate steps to help? Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover rescue assessment as well as handling techniques.

Wednesday, March 13, 12 to **1:30 p.m.**, \$35 per person, advance registration required (seasonal program) Lunch & Learn with Dr. Barron.

Have lunch on the CROW campus with Hospital Director Dr. Heather Barron. Learn about the work at the clinic and how it is vital to Southwest Florida and beyond. Hear wildlife patient stories and end the program with a behind-the-scenes tour of the hospital.

Reservations include a boxed lunch catered by Sanibel Deli.

Wednesday, March 13, 2 to **3:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, March 13, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Patient Profiles: Virginia Opossums (daily presentation).

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Thursday, March 14, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, March 14, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Patient Profiles: Gopher Tortoises (daily presentation).

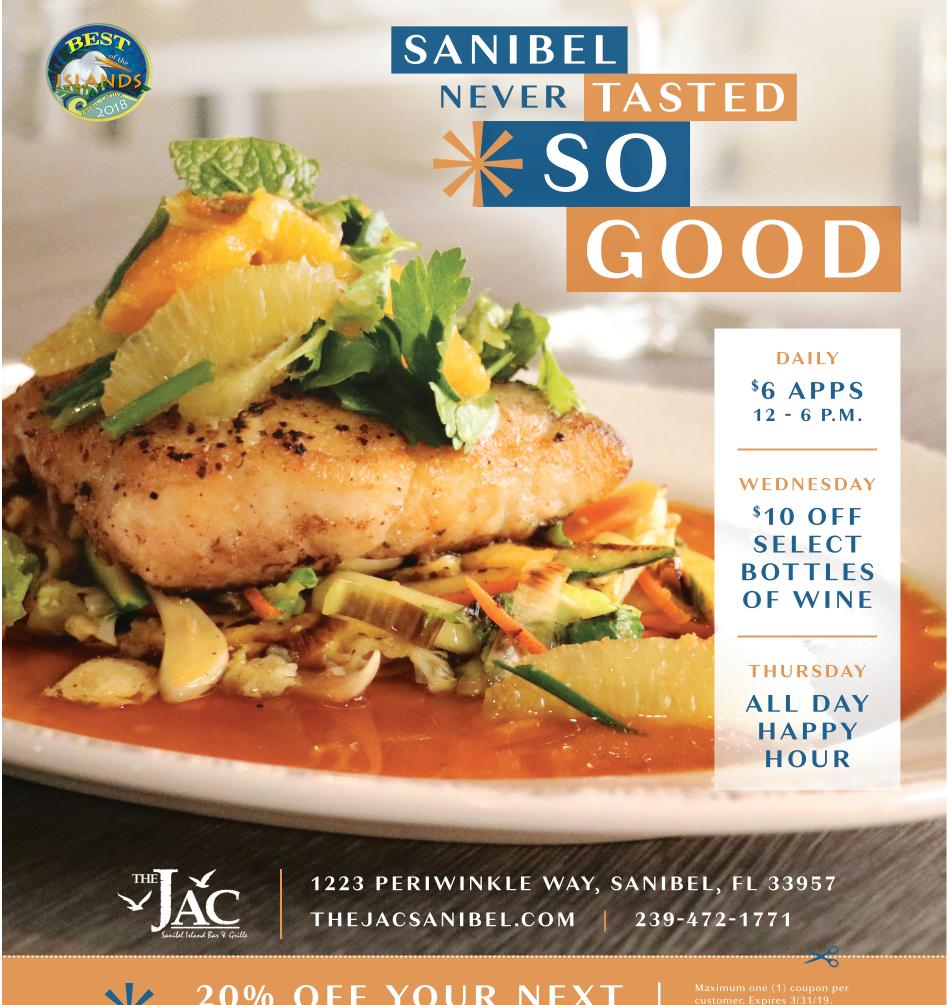
The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Thursday, March 14, 2 to **3:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, March 14, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge - Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.



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#### **Steamed Clams**

2 dozen clams in-the-shell 1 cup dry sherry

1/2 cup green onions, chopped

2 teaspoons garlic, chopped 2 teaspoons fresh ginger, chopped

Lemon wedges, for garnish Preparation 2

Wash clams thoroughly under cold running water and set aside. Place all ingredients except clams in a large sauce-pan. Simmer on medium heat for 3 minutes; add clams and cover. Simmer until clams open; remove clams to a large bowl. Simmer remaining liquid until it is reduced to 3/4 cup. Pour liquid over clams and serve.₩



**Steamed Clams** 

photo courtesy Fresh From Florida

### LIVE ON THE **ISLANDS**

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Traditions on the Beach at Island Inn has live entertainment with Woody Brubaker and Barbara Dexter on Friday, Tuesday and Thursday. Dusk performs on Saturday, Sunday and Wednesday. Mike Arnone plays on Monday.

> Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.☆

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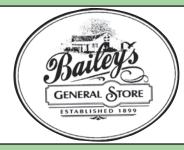








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# Lecture On Climate Change, Sea Level Rise

Teremy Conrad, Ding" Darling senior biologist, will address climate change and sea level rise on a global and local level during two presentations at JN "Ding" Darling National Wildlife Refuge on Sanibel on Friday, March 15 at 10 a.m. and 1 p.m., part of the 2019 "Ding" Darling Friday Lecture series.

His Sea Level Rise: Globally & Locally programs will draw possible correlations between recent water quality issues and global influences.

"While some of our water quality issues can be attributed to climate change, my discussion will focus more on a general description of climate change with a focus on sea level rise and our ecosystem's responses to it," said Conrad. "I will discuss local water quality issues and how the management of Lake Okeechobee may impact the resiliency of our coastal wetlands to sea level rise.

Conrad joined refuge staff in March 2010. Before that, he served as an invasive species biologist at Arthur R. Marshall Loxahatchee National Wildlife Refuge in Boynton Beach, Florida and



Jeremy Conrad

photo provided

earlier spent four years at Sandy Point National Wildlife Refuge in St. Croix, U.S. Virgin Islands.

HighTower/Thomas & Swartz Wealth Management sponsors the 11-lecture series with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The free lectures are held twice each Friday through April 12. The

season's remaining schedule is listed below.

Lectures take place in the admissionfree "Ding" Darling Visitor & Education Center. Seating is limited and available on a first-come basis. Early arrivals can save their seat and one extra with personal items. Saved seats must be filled 15 minutes before lecture time or they risk being reassigned.

As usual, Wildlife Drive closes on Friday, but visitors are welcome to explore the Visitor & Education Center, Indigo Trail, and recreational opportunities at Tarpon Bay Explorers, the refuge's official recreation concession located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff, and board of directors.

For more information, call 472-1100 ext. 241 or log on to www. dingdarlingsociety.org/articles/ lecture-and-film-series.

March 22 – Dusty "Wildman" Crum, Robbie & Geoff Roepstorff, Mike Kirkland, Pythons: The Hunters, the Science

March 29 - Marine scientist Lauren Blickley, Drastic Plastic - Turning the Tide on Plastic Pollution

April 5 – Ornithologist Dr. Jerry Lorenz, Flamingos & Spoonbills: Pink Canaries in a Coal Mine

April 12 - Author Denege Patterson, Five Islands Never Flooded: A Tour of the Islands of Pine Island Sound, Florida (book signing to follow). 芬

From page 1

### Value Of Sharks

Colombia and other locations. Sharks have long been perceived as mindless beasts who kill indiscriminately, but today their very existence is in peril. Humans kill over 100 million sharks per year, largely for their fins. It is a known fact that sharks are integral to a healthy ocean; without them entire ecosystems fail. The talk will explore how sharks are understood collectively and how these perceptions have led to the drastic reduction of global shark populations. Orgera will also talk about the Convention on International Trade in Endangered Species (CITES), and why there is hope at home and abroad.

Before joining SCCF, Orgera worked for years as an international shark advocate for The Pew Charitable Trusts where he urged countries to support meaningful shark management measures, and he is an expert on sharks in American culture.

Bailey Homestead Preserve is located at 1300 Periwinkle Wav on Sanibel.





472-3128 • 703 Tarpon Bay Road • www.timbersofsanibel.com

\*Winner Best Seafood 2010-2018

# Retailer Buys Back Clothing To Craft New Items

by Jeff Lysiak

Then fashion retailer Eileen Fisher opened its store on Sanibel İsland back in March 1994, it was only the fifth outlet in the 10-year history of the company. Today, the business operates more than 60 stores, both domestically and internationally. And the Sanibel location, currently celebrating its silver anniversary, continues to thrive as a must-visit retailer for locals and tourists

'We're definitely a destination store, a place where you can come in, relax and shop for an hour or two," said Mary Ruedisuelo, a sales associate for the past two years at Eileen Fisher's Forever Green Shops location. "People know the brand and are drawn to the customer service we're known for.'

The Eileen Fisher brand, which has long been associated with a strong commitment to sustainable business practices, launched its exclusive buyback program – called RENEW – in 2009. Customers receive a \$5 credit for each donated Eileen Fisher clothing item brought into one of the retail shops. Those pre-owned goods may be resold or deconstructed and crafted into new, one-of-a-kind garments, home décor or wall art.



From left, Rose Belfiore-Yannie, Mary Ruedisuelo and Ruth Mayer with some of this month's door prizes celebrating the 25th anniversary of Eileen Fisher being on Sanibel

photo by Jeff Lysiak

"We get anywhere from 45 to 70 pieces each month for the RENEW program," added Ruedisuelo. "And we take in pieces in any condition; it doesn't have to be perfect. Nothing goes to waste.'

According to Ruth Mayer, the Sanibel store leader who joined the Eileen Fisher team 22 year ago in New Jersey, if the donated garments can be

resold, they will be professionally dry cleaned and labeled with a RENEW tag. Items with minor blemishes or stains may be re-dyed a different color, then resold as one-of-a-kind garments. Those items are sold in the retailers' specialty popup locations.

Garments that may be torn or damaged are deconstructed and sewn together as pillows, wall hangings or

other home décor items.

Since the RENEW program was started a decade ago, the company has bought back more than one million garments.

"The main reason people shop here, I think, is that our clothes aren't trendy – they're classic and timeless," said Mayer. "Some of our customers have brought back clothes they wore for 10 years. We have eight basic pieces we introduce year after year – three tops, one dress and four styles of pants. They're simple shapes that stand the test of time.

Rose Belfiore-Yannie, assistant store leader who joined the company 11 years ago, stated that the Sanibel store has been in the same location since it opened a quarter of a century ago. A renovation in 2008 doubled the amount

of available retail space. In celebration of Eileen Fisher's 25 years on Sanibel, the store is holding weekly drawings throughout the month of March. Prizes include a gift certificate to Cip's Place, a Julie Cohn Designs bracelet, a felted throw pillow by RENEW and a travel companions collection packet by Eileen Fisher. No purchase is necessary.

Visit the Eileen Fisher store in the northern corner of the Forever Green Shopping Center, located at 2055 Periwinkle Way on Sanibel. Store hours are Monday through Saturday from 10 a.m. to 5 p.m. and Sunday from noon to 5 p.m. For more information, call 472-4655.<sup>‡</sup>







Watercolor by Kathy Taylor

# Art League Member Exhibit And Reception

anibel Captiva Art League member Kathy Taylor is exhibiting her artwork for the month of March at Sanibel Captiva Community Bank. The public is invited to view this popular artist's work Monday through Friday from 9 a.m. to 4 p.m.

Taylor comes from a family of artists and has studied art extensively in the United States and abroad. Included in this exhibition are notable views and places that are special to Taylor. Featured are scenes of Italy where she spends time each year.

"I have chosen watercolor because

photo provided

of the spontaneity and freshness of the medium," said Taylor. "My technique features a gentle blending of colors and transparency, and strive to capture the beautiful colors of Italy. Here in Florida, I especially enjoy painting on location with the outdoor painting groups at Fort



Myers Beach and Sanibel."

There will be an artist reception on Thursday, March 21 from 4:15 to 5 p.m. at the bank's location at 2475 Library Way on Sanibel. Light snacks and refreshments will be served.

# Jeweler To Host International Designer For Two-Day Trunk Show

nternational designer Jennifer Chang will make a special appearance at Lily & Co. Jewelers as part of a two-day JYE trunk show.

JYE was founded more than 30 years ago by husband and wife team Jennifer Chang and Charles Ueng, who have become known for their pieces featuring lustrous South Sea and cultured pearls and high-end designs of classic and contemporary diamond and precious gem

jewelry.
"We are excited to host Jennifer for her Sanibel appearance," said Dan Schuyler, who owns Lily & Co. with Karen Bell. "Pieces by JYE are exceptional in quality and design and are truly works of art, using only G/VS+ premium diamonds.

JYE has become internationally-acclaimed for



Diamond and precious gemstone jewelry by JYE International photo provided

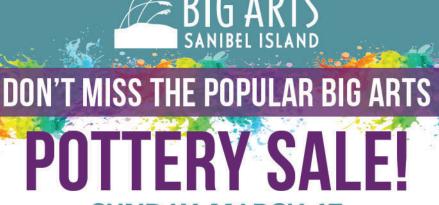
its timeless treasures. Instore's Indesign Awards recognized JYE as the Retailer's Choice for their baquette diamond "DNA" bracelet. Known for classic lines with new interpretation, JYE also took second place for a vintage inspired diamond

"They certainly create exceptional quality and innovative designs women will enjoy for years and years to come, and are worthy of passing down for generations," said Bell.

Lily & Co. Jewelers is located at 520 Tarpon Bay Road on Sanibel. For more

information, call 472-2888.☆





### **SUNDAY, MARCH 17 BIG ARTS COURTYARD**

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# Highlights From The 6th Annual Go FISH Celebration



From left, Roger Grogman, John Henshaw, Eric Pfeifer and Ed Ridlehoover attending the 6th annual Go FISH Celebration at The Sanctuary Golf Club on Sunday evening photos by Jeff Lysiak



Honorary chairs Patty and Jim Sprankle with FISH President and CEO Maggi



The Goss family - Chauncey, Mariel and Porter



Susan and Chris Coile



FISH board chair Nicole McHale



Paul Gulbrandsen and Melanie Moraga

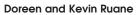


Marla Manning and Taryn Manning



From left, Chris Heidrick, Ryan Orgera and Mike Boris







Sandy Grogman and Susen Berg



Gaither and Don DeLuca



From left, Marguerite Casey, Patti Johnston and Laurie Shannon



Entertaining the crowd were, from left, Debi Almeida, Joey Almedia and Rose Dakos



From left, Morgan Matson and Elliot Sudal looking on as auctioneer Tommy Williams solicits bids for a shark tagging experience



During the cocktail reception, gala guests mingled, enjoyed passed hors d'oeuvres and perused the silent auction items up for bids

### Peaches





by Resident Chef Jarred Harris

ne of the most interesting and diverse fruits in the culinary world is the peach. There are over 700 different varieties and they can be found year-round. Native to China, peaches have been around since 6000 BC and they are the third most popular fruit in America.

The peach is a member of the rose family and related to cherries, apricots, almonds and plums. It is often called a "stone fruit" because of the hard shell surrounding its seed. The seed is edible and when toasted, tastes a lot like an almond. In fact, peach stones are often used to make a cheap version of marzipan, known as "persipan."

Did you know peaches and nectarines are the exact same fruit? The only difference is a peach has fuzzy skin and nectarines have smooth skin. Peaches were once known as Persian apples. The name was given to the fruit by ancient

Romans, who believed the fruit was from Persia.

The first peach orchard in Florida was started around 1565. The fruit was introduced to California shortly after. Today, California is the largest producer of peaches in America, followed by South Carolina and then Georgia.

Peaches have always been considered the "fruit of calmness." They contain a natural sedative that can help relieve stress, reduce anxiety and promote sound sleep. Peaches are also a good source of vitamins A, B and C. They can help maintain healthy vision, healthy bones and strengthen the immune system.

My favorite varieties of peach are the white-fleshed varieties. They are typically very sweet and unusually shaped.

Here is a simple recipe to try:

### Warm Curried Peach and Pecan Salad

Ingredients

½ cup pecans (toasted)

1 yellow onion (diced)

½-inch piece of fresh ginger (minced)

1 tbsp. olive oil

1 tbsp. curry powder

2 tsp. kosher salt

2 peaches (skin on, cut into 1-inch lice)

Zest and juice of 1 lime

2 tbsp. mint (chopped)

2 tbsp. olive oil

1 tbsp. kosher salt

Method

In a skillet over low heat, toast the pecans for 3 minutes, making sure not to burn them. Once they are fragrant and slightly darker, transfer the nuts to a bowl

large enough to hold all salad ingredients.

In the same skillet over medium heat, sauté the onions and ginger with a pinch of salt in 1 tablespoon olive oil until translucent. Add the curry and remaining salt. Once the curry is fragrant, transfer the onion mixture to the bowl with your pecans. Add peaches, lime zest, juice and mint. Toss to combine and set aside.

Serve with grilled fish or chicken. Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.

# American Legion Post 123

A merican
Legion Post
123 is serving
barbecued ribs and
chicken this Sunday,
March 10 from noon
to 8 p.m. Corned
beef and cabbage

are on the menu for St. Patrick's Day, Sunday, March 17.

Every Monday night beginning at 5 p.m., the 8 Ball Pool League is in play.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.

**BIG ARTS Corner** 

# Workshops And Seminars

BIG ARTS is offering the following workshops and seminars: Keepsake Art Journal with Kat Kirby – Tuesday, March 12, 9 a.m. to

Intro to Opera (Part II) with Thomas Cimarusti – Mondays, March 18 to

April 8, 1 to 4 p.m.

Block-in and Rendering in Charcoal with Francesco Gillia – Tuesday, March 19, 9:30 a.m. to 3 p.m.

19, 9:30 a.m. to 3 p.m. HD LIVE at the Met Lecture on Walküre with Tom Cimarusti – Friday, March 29, 1 to 3 p.m.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit www.bigarts.org/workshops, or email info@bigarts.org.

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Gardenia by John Ippensen

# Garden Photos On Display At Sanibel Church

ach month throughout the year, Sanibel Congregational United Church of Christ (SCUCC) exhibits the work of one or more fine artists with local ties. Photographs of garden flowers by John and Fran Ippensen will be on display and for sale throughout March.

The Ippensens, who live at Shell Point Retirement Community in Fort Myers and attend SCUCC, have developed an interest in capturing the beauty of flowers in their community's gardens. They found the plants both colorful and accessible as subjects for their images. They've nurtured their talents and expanded their skills through participation in the Shell Point Photo

Both have won awards in the Shell Point Photo Contest, including a Best in Show win by Fran, who also won the People's Choice Award at the Sidney & Berne Davis Ageless Creativity

photos provided

exhibition with more 300 entries.

John's work was selected for the Shell Point photo exhibit currently on view at the Alliance for the Arts. Another of his photos was selected as one of 60 juried pieces selected from 640 entries for the All Florida Juried Exhibit at the Alliance for the Arts through March 30.

John had his first camera experience in high school with a Kodak Brownie camera and photo club. Photography then became a utility function for recording family events and travel using a 35mm camera for the next 50-plus years. He also prepared slide presentations for medical meetings including intraoperative photographs he'd taken of noteworthy procedures or findings.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. Proceeds from sales of the Ippensens' photos will benefit both the church and the Harry Chapin Food Bank. The exhibit may be seen during office hours when Fellowship Hall is not otherwise being used and on Sundays after the 7:45, 9 and 11 a.m. services.

For more information, call 472-0497 



Rose by Fran Ippensen

# SANIBEL O Cusic FESTIVAL

# Save March For Music 3 2019

CELEBRATING OUR 33rd YEAR • An Island Tradition

Concerts are held at the Sanibel Congregational U.C.C. 2050 Periwinkle Way • Concert time at 7:30 p.m.



### Wu Han and Chamber Music Society of Lincoln Center

Pianist Wu Han joins Chamber Music of Lincoln Center violinists Arnaud Sussman and Alexander Sitkovetsky, violist Matthew Lipman and cellist Nicholas Canellakis in a program titled "Russian Mastery

Saturday, March 9 • \$50



### The Handel and Havdn **Society of Boston**

Founded in 1815, the ensemble is among the oldest continuously performing classical music groups in the USA. They bring classical music to life with the same immediacy it had the day it was written.

Tuesday, March 12 • \$50



### Singing Sondheim on Sanibel

Opera Theater of Connecticut presents selections from Stephen Sondheim's acclaimed shows including Sweeney Todd, Company, Follies, Into the Woods, A Little Night Music, and A Funny Thing Happened on the Way to the Forum.

Tuesday, March 19 • \$50



### **Star-Crossed Lovers in Opera**

A delightful evening of best known arias and ensembles based on the lives of ill-fated starcrossed Lovers including Mimi and Rodolfo, Romeo and Juliet, Violeta and Alfredo and more, performed by Opera Theater of Connecticut.

Saturday, March 23 • \$50



### New York Brass Arts Trio

Trumpeter Joe Burgstaller, French hornist David Jolley and trombonist Haim Avitsur have revolutionized the brass trio. They are hailed as the first brass group to play with the sensitivity and musicality of a string

Tuesday, March 26 • \$50



Information and Tickets are available on-line at

# www.sanibelmusicfestival.org

or by phone at 239-344-7025

Tickets are available for purchase at Bank of the Islands, 1699 Periwinkle Way.

Ticket order forms with envelopes are available at Sanibel Captiva Community Bank, 2475 Library Way.

Cash or check only.



Sanibel Music Festival is grateful for the support of Lee County Tourist Development Council

# Windjammin' My Adventures In Paradise



by Di Saggau

om Jones, a member of Sanibel Writer's Group I, says his life has not followed an easily identified trajectory, but it's been one heckuva ride. He shares his seagoing adventures

and misadventures in his new book Windjammin, My Adventures in Paradise. He also includes many famous sayings from many famous people, along with a huge glossary that explains the meaning of seagoing words.

In addition to introductory chapters, there are 25 various tales to enjoy. I will mention a few of them. Aloha, Duke is a charming story about a man named Paoa Kahinu Mokoe Hulikohola Kahanamoku, nicknamed Duke for obvious reasons. Duke was born in 1890, is enshrined in the Surfing, Swimming and Olympic Halls of Fame and went on to become a Hollywood actor, Honolulu politician and sheriff. Jones never met the man, but did see him twice and managed to snap a lucky photo that he will treasure forever.

In Windward Passage, Jones shares

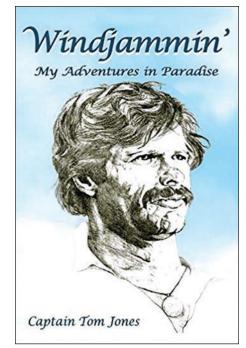


image provided

a long open-ocean voyage that ends up being one of the most life-threatening adventures he has ever endured. It took place in July 1971, when he joined the crew of a rig with the same name as the chapter, for a trans-Pacific voyage of 13 days. He experiences similar circumstances aboard a schooner named Fantome in 1976. All the tales in Windjammin' are interesting seagoing adventures.

Here's what Jones has to say on the back cover of his book about his adventures for the curious soul. It will give you a good idea of what's inside. "In this, the second collection of Captain Jones' Pullet Surprise-winning revelations, we are whisked along offshore through wind and wave on one splendid seagoing adventure after another, with an occasional hint of romance to further spice up the captain's salt-encrusted tales. Here you will accompany Tom from his young memories through his current exploits. Put to sea on decks-awash voyages; survive Makaha's monster surf; make personal acquaintances with openocean sharks, barracudas, whales, and

dolphins; immerse yourself at the base of a thousand foot waterfall; be stalked by a living fossil; put your life at risk with Martinique's lance head vipers; endure the (un) usual antics of Windjammer's plucky passengers and hatchet-wielding crew; survive a smuggler's run along the Spanish Main; hang on with your fingernails, alone on deck in a San Francisco gale; become an accomplished public speaker no matter how unaccustomed; and, oh yes, actually walk the plank." All that in Windjammin" My Adventures in Paradise, by Captain Tom Jones.

### School Smart



by Shelley M. Greggs, NCSP

Shelley,
My high
school daughter is
required to write lots
of essays and reports
for her classes. She
is also beginning
to write research
papers. She always

asks for my help to review her work and, very often, it ends poorly with both of us upset and with nothing gained from the review. How can I give her feedback about her work and keep it more positive?

Jeremy F, Fort Myers

emu

Giving feedback on writing assignments can be very difficult, as you seem to have discovered. Writing is extremely personal and often times when feedback is not delivered correctly, the writer may feel that the criticism is unwarranted, take it personally or just feel overwhelmed by it.

The first thing to remember when giving feedback is to be kind, specific and constructive.

You need to decide the primary purpose of your feedback. Is it for editing or for specific guidance on how to improve your daughter's writing? With editing, the focus is on the mechanical errors at the sentence level. Your daughter will probably not learn how to edit her own work independently if you identify all her errors, although if she is making repeated errors you could point this out to her and have her attend to those errors. There are lots of grammar programs that she can use to learn how to edit effectively. Here's a great website for grammar: www.grammarist.com.

If you decide that your feedback is about guidance, then identifying what is wrong is part of the process, but it must be accompanied by specific suggestions for improvement. You'll want to deliver a clear message about what needs to happen to improve future writing

One research study found that most students complained their writing feedback was too general and vague with no suggestions for improvement. Students report that they are often left not knowing what they have done well, what they need to change and why they have achieved the grade they have.

Education consultant John McCarthy offers advice and says, "Respond as a reader, not as a writer. Do not say how YOU would write the paper. Instead, tell

how you are responding to each part of the paper as you read it, pointing out gaps in logic or support and noting confusing language where it occurs." He also says, "your aim should be to help the student identify weaknesses that he or she should improve and NOT to do the student's thinking and writing for them."

One helpful technique for giving feedback is to use starter stems when you discuss the writing. Using starter stems or, in other words, a consistent script with your communication helps you frame your comments and then helps the writer find solutions for themselves as opposed to being told what to do. Here are some examples using the starter stems of "I like,"

"I wonder" and "What if."

I like – the wonderful transition you used that helped clarify the connection between the two studies you are summarizing. Using "I like" as a starter stem identifies quality in the writer's work. It's important to recognize successes so that the writer can hear the suggestions for improvement.

I wonder — how your summary could end with an example that ties together the main points? Using this stem starter "I wonder" gently asks the writer to consider a concern that needs addressing. The words "I wonder " are not demanding, but rather encourage thought and reflection of potential problems.

What if - you rewrote this sentence and provided specific details to show exactly what you mean? Using "what if" offers explicit suggestions. The writer may or may not follow the ideas as she sees fit.

Providing effective feedback is a skill that takes patience and practice. I commend you for working with your daughter and for your efforts to make this process work well for both of you.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

# Sanibel Resident Graduates

Patrick Hurley, a resident of Sanibel, received a bachelor of science degree in financial information and analysis from Clarkson University on December 15, 2018.☆





Handel and Haydn Society of Boston

# Handel And Haydn Society Of Boston To Perform

Pounded in Boston in 1815, the Handel and Haydn Society of Boston is among the oldest continuously performing classical music ensembles in the U. S. They will perform at the Sanibel Music Festival on Tuesday, March 12 at 7:30 p.m. at Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Wav.

The ensemble is a period-instrument orchestra, originally formed as a choral society, which has a fresh and vital take on Baroque and early Classical period music. Its orchestra and chorus delight more than 50,000 listeners each year with a nine-concert subscription series at Symphony Hall and other leading venues, in addition to a robust program of events in museums, schools and community centers. Under the leadership of Artistic Director Harry Christophers, the ensemble embraces historically informed performance, bringing classical music to life with the same immediacy it had the day it was written. This concert will feature a rarely heard Baroque trumpet concerto. The concert is sponsored by Jackie and Roy Sweeney Fund of the Greater Cincinnati Foundation and Gaye and

photo provided

Jim Pigott.

Program:

Arcangelo Corelli: Concerto Grosso in B-flat major, Op. 6, no 11 Guiseppe Torelli: Sonata for

Trumpet in D Major, G.1

Francesco Geminiani: Concerto gross in e minor, Op. 3, No. 3

Antonio Vivaldi: Concerto for violoncello, strings, and basso continuo in G, RV 413

Georg Phillip Telemann: Overture – Suite, Burlesque de Don Quixotte, TWV 55:G10

Johann Sebastian Bach: Concerto for violin, strings, and basso continuo in a minor, BWV 1041

Tickets may be purchased for \$50 each by calling 344-7025, or online at www.sanibelmusicfestival.org. Tickets may also be purchased at the door one half hour before each performance and are also available at the Bank of the Islands, 1699 Periwinkle Way.

The Sanibel Music Festival presents world-renowned artists during the month of March at Sanibel Congregational United Church of Christ. Incorporated in 1987 as a non-for-profit organization, its mission is to present classical music of the highest standard at affordable prices and to promote the careers of young artists through performance opportunities. Sanibel Music Festival is grateful for the support of the Lee County Tourist Development Council.



# Art Collaboration Returns To Library

The popular Art in Bloom biennial event returns to the Sanibel Public Library, located at 770 Dunlop Road, on March 12, 13 and 14. Members of Shell Islands Garden Club (SIGC) will collaborate with artists from Sanibel-Captiva Art League to produce an exhibit featuring innovative floral design and art.

"The show has generated such positive vibes from library patrons in the past," said SIGC Vice President Glenda Campbell. "This will be the fourth time the garden club has presented Art in Bloom at the Sanibel Public Library. Sixteen designers are matched with 16 artists. The resulting floral arrangements are interpretations of the artists' paintings and are unbelievably creative and works of art in themselves."

The public is invited to view this presentation at the library from noon to 5 p.m. on March 12, from 9 a.m. to 5 p.m. on March 13 and from 9 a.m. to noon on March 14. There is no charge to attend.

Shell Islands Garden Club has 104 members who share an interest in floral design, horticulture, conservation and local philanthropy. The group meets on the second Tuesday of the month from October through May. Field trips and



Painting by Verena Scheu; floral arrangement by Marjorie Smith

photo provided

special events are also held during the season. More information is available online at www.sanibelgardenclub.org.





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# **Book Signings** And Art In Bloom At The Library

eekly children's programs with Youth Service Librarian Deanna Evans continue in March at the Sanibel Public Library. The full event schedule, which includes technology programs in virtual reality (VR), is on the calendar at the library's website at www.

sanlib.org.
Sanibel-Captiva Art League and Shell Island Garden Club's Art in Bloom - floral arrangements inspired by artwork, displayed with the coordinating art – opens at noon on Tuesday, March 12. Art in Bloom will be open Wednesday, March 13 from 9 a.m. to 5 p.m. and Thursday, March 14 from 9 a.m. to noon. This year, 16 floral designers collaborated with 16 artists for the exhibit.

On Monday, March 18 at 2 p.m., Mark Litzsinger will talk about his book, Out of the Shadows: A Journey of Recovery From Depression. His book provides suggestions for patients and medical professionals, plus how families and friends can best help loved ones suffering from depression.

A book signing with Deborah Gang will be held at 2 p.m. on Tuesday, March 19. Gang was a practicing psychologist specializing in family relations for 30 years, so it's not surprising she has insight into the human heart. The Half-Life of Everything is a fictional story of David, a happily-married man who watches his wife, Kate, disappear into Alzheimer's as he falls in love with someone else. The book asks: When does a marriage end? What is a person to do when their spouse cannot be a spouse?

On Wednesday, March 20 at 2 p.m., Charles LeBuff and Betty Anholt will talk about their book Protecting Sanibel & Captiva – A Conservation Story. The book reviews the evolution of the islands' conservation ethic and how it perseveres even today.

Debbie Hughes is senior horticulturist at Edison & Ford Winter Estates. On

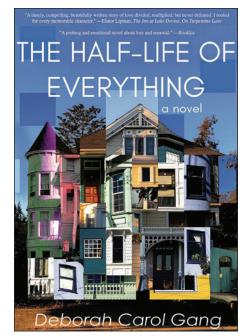


image provided

Thursday, March 21 at 2 p.m., Hughes will give tips on getting higher yields in your vegetable container gardens.

Weekly Children's Schedule

Geared specifically for children in fourth through sixth grade, the After-School Clique will meet on Tuesdays at 3 p.m. The group will be crafting, building, and playing, with books and a snack provided. Beginning March 13, the group will meet on Wednesdays at 3 p.m.

Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 11 a.m. This program helps develop pre-reading skills through songs and stories. A Saturday Family Storytime will be held at 11 a.m. on March 9.

A Bedtime Storytime will be held at 7 p.m. on Thursday, March 21. Wear your jammies, bring your teddy bear, and have some cookies. For babies through elementary school and their adults.

The After-School Crew, for children in kindergarten to third grades, will meet at 3 p.m. on Thursdays. If you love dogs and books, you can read to Bessie, a bearded collie and trained reading education assistance dog. At 3:45 p.m. on rain-free

Thursday afternoons, sign up on-the-spot; program finishes by 5 p.m. No registration is required for weekly children's library programs.

The public is invited to these programs.

There is no registration required and no additional cost to participate.

For more information, call 472-2483 or visit www.sanlib.org. The Sanibel Public Library is located at 770 Dunlop Road.

### **BIG ARTS Monday Night Film Series** 1945

by Di Saggau

he BIG ARTS Monday Night Movie for March 11, is 1945, a black-andwhite drama set in the immediate postwar period in rural Hungary. It's been called the most important Hungarian film of the decade. Director Ferenc Török's adaptation of a short story, The Homecoming by Gabor T. Szanto, begins with two strangers getting off a train in a small town and nothing is ever the same again. Two Orthodox Jews, an elderly man and his adult son arrive on the wedding day of a town clerk's son. The film examines how the town's people really feel about moving into the homes and eating off the plates of the Jews that vanished during the war.

The Nazis have barely left and the liberating Soviet forces are still around. Though Communism is still several years away, everyone in the small, unnamed rural community is trying their hardest to get back to normal. The men are transporting two mysterious wooden boxes from the train station to the town and this upsets everyone. Might they be relatives or friends, or acting on behalf of the Jews who used to live there? Have they come to claim the property and possessions of local Jewish families that the remaining villagers have divided up among themselves? As they silently march behind the horse-drawn carriage carrying their goods, the villagers start to worry.

The village drunk is wracked with guilt and wants to give everything back. His steely wife prefers to hide her newly "acquired" carpets and silverware in the basement. "If anyone asks, the stuff isn't here, the Germans took it, or the Russians," she says. This movie is heavily indebted to films from the 1930s and 40s, especially in the way the director



image provided

and cinematographer do their blocking and assemble elements visually within the frame. The music score evolves from a spare and sinister percussion theme to a more full-bodied score that incorporates traditional, Jewish-sounding strings as the strangers approach their tragic destination. The compelling film is a lean, unadorned parable about guilt and the nature and consequences of evil. The film runs 91 minutes. Moderator for the evening is Di

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.bigarts.org, at the door or by calling 395-0900.☆





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# Women's History Month Exhibit At Historical Village

he Sanibel Historical Village is honoring some of the women who made history on Sanibel during Women's History Month. In 1987, Congress declared March as National Women's History Month to honor the extraordinary achievements of American women.

A different female Sanibel pioneer will be featured in each of the village's nine buildings. Some of the women

highlighted are:

Mary Dos Santos Bowen – a native of Trinidad who traveled to Sanibel in 1887 with her husband and two children. She was married to Oliver Bowen, a Confederate veteran. When it came time to homestead, Mary had to be the homesteader, because no one who bore arms against the United States was allowed to homestead. Together, they ran and worked their 80-acre farm, growing vegetables for northern markets. Mary soon became the farmer, as Oliver had become eccentric and spent most of his time in a hammock strung between two palm trees over his well. In 1894, at his request, he was buried in this well. After Oliver died, an older Bowen son from a prior marriage showed up to claim his inheritance – Mary's homestead. He sent Mary and her then-4-year-old son



packing back to Trinidad. He sent the other children to a northern relation, and then leased out the farmland.

Elinor Dormer - a conservationist dedicated to the Sanibel-Captiva Conservation Foundation, who helped formulate the historical preservation section of Sanibel's Comprehensive Land Use Plan. She was instrumental in getting the Sanibel Lighthouse listed on the National Register of Historic Places. After the toll bridge was built, Dormer worked to preserve the island's

historical buildings and helped form the city's historical preservation committee. This group was the power behind the formation of the Sanibel Historical Museum and Village in 1984. Dormer authored *The Seashell Islands* in 1987 after interviews with island families and research into the origins of the island's history. Her book has long been considered the quintessential book on the history of Sanibel. Dormer's parents, Ross and Daisy Mayer, built the Sears kit home Shore Haven in



Mary Dos Santos Bowen

1924 that now serves as the museum's welcome center.

Learn more about the women who built Sanibel during the Sanibel Historical Village's Women's History Month exhibit in March.

The Sanibel Historical Village is open Tuesday through Saturday from 10 a.m. to 4 p.m. Full guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. The village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to the buildings. Admission is \$10 for adults over 18; no charge for members and children. For more information or to make a donation, visit www. sanibelmuseum.org or call 472-4648.☼





1523 Periwinkle Way • (239) 472-7770 www.TheFishHouseRestaurants.com

# Highlights From CHR Give Back Wednesdays

ommunity Housing and Resources (CHR) Give Back Wednesday fundraisers were held recently at Sanibel Sunglass Company, Paper Fig Kitchen and The Sanibel Sprout. Each Wednesday, a local business participates and gives back a portion of the day's proceeds to CHR in support of affordable housing on the islands.

Upcoming events: March 13, Floral Artistry; March 20, Joey's Custard; and March 27, Spoondrift.



Bette and Jack Henard





photos provided Trecey and Kevin Jolicoeur



From left, David and Brenda Bass, Melissa Rice and Jean Baer



From left, Debra Campana with Mary Ann and John Boorn



**Dennis Hagar** 



From left, Roger Grogman and Richard Johnson with Bailie and Calli Johnson



Ed Holden



Emma and Cindy McCandlish Worthington



Kate Stone and Dan Schuyler



Mireya Belli





Susie Quoss

Sheri Prange

David Stanzione and Aislin Wallick



Judy Arbuckle and Gail Austin



Neil and Stephanie Erickson





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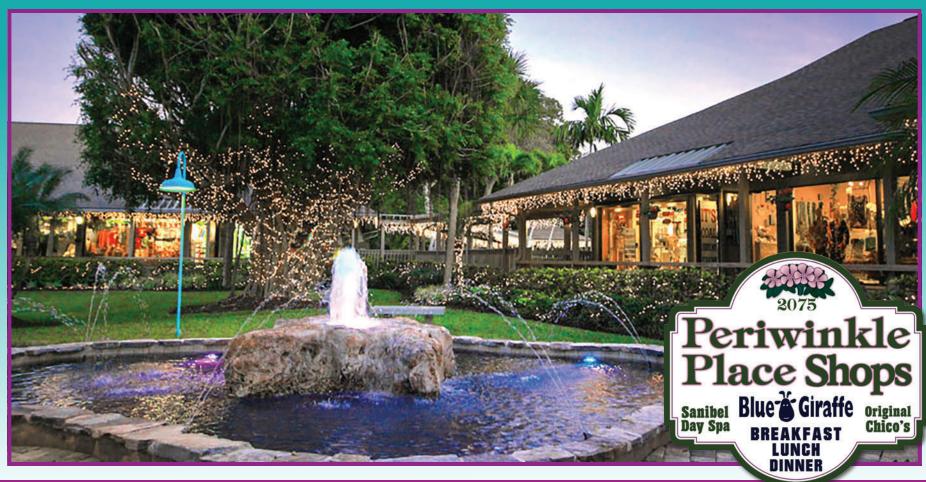






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VOL. 26, NO. 36

SANIBEL & CAPTIVA ISLANDS, FLORIDA

MARCH 8, 2019



**Mayor Kevin Ruane** photos by Jeff Lysiak

# Water Quality Treatment Párk Dedicated

by Jeff Lysiak

n March 1, city officials, project partners and more than 100 people gathered at the Jordan Marsh Water Quality Treatment Park, attending the official dedication and ribbon-cutting ceremony for the 7.3-acre facility located adjacent to the Sanibel Slough on Casa Ybel Road.

The water quality treatment park is situated on six acres of city-owned land - known as the Jordan Marsh



City officials and project partners cutting the ribbon to officially dedicate the Jordan Marsh Water Quality Treatment Park, located on Casa Ybel Road just south of Periwinkle Way

Preserve - and a 1.3-acre portion of an 8.5-acre tract within the Sanibel-Captiva Conservation Foundation's Bob Wigley Preserve. The primary goal of the project, which began construction last September, is to improve water quality in the Sanibel Slough to help meet Florida water quality standards. Secondary goals are to enhance existing wildlife habitat on the site, provide recreational opportunities and educate visitors on the various best management practices used to improve water quality.

Last Friday morning, a majority of people attending the park dedication arrived by foot or by bicycle. Minutes before the ceremony was to begin, a single osprey flew overhead, encircling the park while searching for fish in the shallow filter

"It's been kinda fun watching the wildlife come in here and establish themselves," said Holly Milbrandt, deputy director of the city's natural resources department. "I've seen a lot of birds already – a few kingfishers and osprey."
While Phase I of the project has been

completed, Phase II will include the final design and construction of an elevated observation tower. Until that element is installed, public access of the park will remain limited.

Based upon engineer modeling estimates for the maximum water flow scenario of two cubic feet per second (cfs), the water treatment park would successfully reduce 22 percent of total phosphorus and 40 percent of total nitrogen, as required by the Florida

Department of Environmental Protection

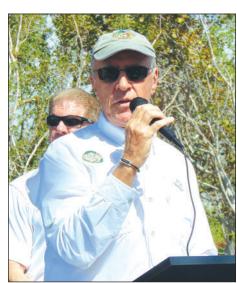
Another element that contributes to nutrient reduction at the Jordan Marsh Water Quality Treatment Park comes through the planting of more than 20,000 littoral plants - including 15 species of native vegetation - within the manmade marsh.

Solar powered control panels and pumps assist in the movement of water within the park, which outflows to a roadside canal along Casa Ybel Road, where it reconnects with the Sanibel Slough.

This place is just divine," Mayor Kevin Ruane told the crowd. "We continue to try to improve water quality on the island, and continued on page 23B



City Manager Judie Zimomra and Holly Milbrandt, deputy director of the city's natural resources department



Vice Mayor Mick Denham



SCCF CEO Ryan Orgera

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The Zonta Peek 2019 leadership team, from left, Janine Boardman, Susan Tucker, Joyce Ross and Nancy Swofford, who appreciate all Peekers, especially those in the afternoon

photos provided

### Afternoon Home Tour Tickets Still Available

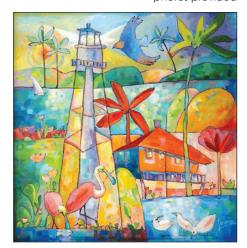
submitted by Sue Denham

rust around the corner - on Saturday, March 16 – is one of Sanibel's coolest and most unusual happenings, Zonta's annual home tour, A Peek at the Unique. The good news: you can still get on the bus for afternoon departures – and afternoons do have their advantages. Read on to find out more.

Since 2002, the Peek has been a favorite island experience with residents and visitors, both a fundraiser and a "friend raiser" for the 70-member Zonta Club of Sanibel-Captiva, who work all year to put on this meticulously-planned event that helps women and is also a truly fun day out.

How it works: Every year, four private and normally inaccessible island homes are generously opened to Peekers, who ride in air-conditioned buses, with a guide who offers special insights into each home they will visit. First, guests enjoy tasty light bites from Sanibel's finest restaurants and caterers. The 2019 tour features two brand-new residences, each furnished in a tempting style; a classic 30-year-old home, skillfully updated; and the snug bayou retreat of an iconic Sanibel artist.

Here is how to enjoy the Peek in the afternoon: begin your day with a leisurely breakfast, take in a game of tennis or a beach walk before it gets hot, then shower and head to Sanibel Community Church. Enjoy some early afternoon bites, including ice cream, donated by Sanibel purveyors. Then it's off for your three-hour tour, disembark and take in happy hour or an early dinner at one of Sanibel's many fine restaurants.



The cover of this year's Peek booklet is from a painting by Sissi Janku

Purchase tickets securely online at www.eventbrite.com for \$100 each (tax-deductible within IRS rules) plus a small service fee; scroll down to choose your "afternoon delight." Don't miss a chance to enjoy this popular tour experience and help give women a better chance in life.

Now in its 18th year, the Peek has annually – through the Zonta Foundation of Southwest Florida – made possible thousands of dollars in grants to area nonprofits whose programs improve women's lives. This year, \$105,000 was awarded in local grants, along with a pledge to Zonta International of \$35,000 – the highest ever – for global initializes. This money was raised at the 2018 Peek.

The club also organizes a raffle, Six Chances at the Unique, and three unique Peek day auctions including a five-night stay in a luxury apartment in New York City, a getaway on Useppa Island, and a giclee by Sissi Janku.

For more information, including a peek" at the 2018 booklet given to all tour guests, visit www.zontasancap.



1238 Isabel Dr in Sanibel Harbours Expansive views of San Carlos Bay. Remodel in progress at custom home. Soon-to-be fresh both inside & out, ~5,000 sq. ft. with elevator, fireplaces, 3-car garage, bayside beach & pool, plus lot with dock/lift. \$3.495M



Pointe Santo #C43 Same price as last comparable sale, except this one is top-floor with a private roof-top deck. 3 bedroom with amazing views over tropical lagoon to this gulf beach. Mini-resort with excellent rental income. \$1.035M



Signal Inn #4 Gulf-view 1/2-duplex updated 1 bedroom in small beach-front pet-friendly complex privately tucked away on Olde Middle Gulf Dr. Grosses as much as \$60K+ annually. \$499.9K



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Elise Carnes Notary, Listing Coordinator



842 Limpet Dr in Shell Harbor Easy-living ground-level split-plan canal home with great room, 3 suites plus powder room, laundry, & loft. Dock/lift & waterside pool. Updated inside & out. Like-new, light, bright & white. New furnishings negotiable. \$2.495M



1050 White Ibis Dr in Gulf Shores Enjoy the great outdoors with this riverside pool & the community deeded beach access just up around the corner. Easy-living groundlevel split-plan 4 bedrm 3.5 bath. Updated & with furnishings available too. \$899K



Captains Walk #B2 Easy-access ground-level 1 bedroom with carport & laundry in canal-side east-end residential community near marina. Updated bath, HVAC, & windows. \$239K furnished





1351 Middle Gulf #2C in Moonshadows Beach-facing home in easy on-/off-island location. Handy to bike path, golf & dining too. Community pool & tennis. 3 bedrms with great room & family room. Original owners' family offering at less than assessed value. \$1.549M



Sanibel Arms West #E2 1st level beach-front 2 bedroom with newly remodeled baths, expanded open kitchen, impact sliders, washer/dryer, & easy on-site rentals with low fees. Has grossed nearly \$80K with owner use too. \$874K

9441 Peaceful Dr in Gumbo Limbo One of last vacant parcels in popular midisland community midway between bay & gulf. Overlooks conservation land to sunsets. Wide parcel ~`170' x 155'. Convenient to causeway, beaches, bike paths, & shopping. \$249K

9270 Kincaid Ct in Belle Meade Midway down private sandy road, away from San-Cap Rd, in small residential community. Handy to Wildlife Refuge, Rec Center, Sanibel School, bike path, & shopping. Preserved parcel across street provides natural view. Great value at \$149K



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# COTI Annual Meeting Features Water Expert

xpert environmental engineer Dr. Gary Goforth will be the keynote speaker for the Committee of the Islands (COTI) annual meeting, to be held on Friday, March 22 at 10 a.m. at The Community House. During the meeting, COTI will also name its 2019 Citizen of the Year.

Dr. Goforth has more than 35 years of experience in water resources engineering, specializing in hydrology and water quality. For the last 30 years, he has been involved with large-scale environmental restoration programs in the Kissimmee-Okeechobee-Everglades ecosystem, including the St. Lucie River and Caloosahatchee estuaries. He currently serves on the board of directors of the Florida Oceanographic Society. His address, From Cradles of Life to Chambers of Death, focuses on nutrient pollution in Lake Okeechobee and the Caloosahatchee watershed.

The public is invited to the general meeting and Goforth's presentation. Light refreshments will be served at 9:30 a.m. The general meeting begins at 10 a.m. The business meeting, for members only, will begin at 11 a.m. Memberships are



Gary Goforth

photo provided

available at the door.

The business meeting includes reports on the organization and its activities, and election of directors for the coming year. Nominees for reelection to a second term are Joyce Craig, Jan Holly, Erhard Joeres and Peter Walcott. Nominee for a one-year term as past president is Mike Miller.

For more information, contact President Mike Miller at 395-0593 or visit http://www.coti.org/.\\

# Spring Equinox Meditation

amara Joffe, islander, healthy living coach, yoga and meditation teacher, along with RS Walsh Landscaping In The Garden, will welcome the first day of spring and the Spring Equinox on Wednesday, March 20 at 10:30 a.m. All are welcome to take part in a short introduction to meditation and a moving meditation walk on the grounds of In The Garden, located at 3889 Sanibel-Captiva Road.

Surrounded by beauty and Mother Nature, participants will experience a guided meditation focused on gratitude to ground you and help you feel more relaxed and present. Afterwards, leisurely stroll the garden with mindfulness and a deeper sense of connection to the cycles of life. No experience is necessary. Bring your open mind and heart.

The event is donation-based. Participants can make a donation to the Spirit Tree at In The Garden to benefit Captiva Island Historical Society, the benefit nonprofit for the month of March. See the gift shop for

RSVP by responding on Facebook, Instagram or call the garden center at 395-5859.☼



Tamara Joffe

photo provided

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From left, Bank of the Islands Assistant Vice President Darrin Grotrian, Sanibel Music Festival Treasurer Vasanta Senerat, Sanibel Music Festival President Jana Stone and Bank of the Islands teller Tammy Friend photo provided

# Bank Sponsors Festival Website

ank of the Islands is supporting the Sanibel Music Festival as its new website sponsor. The bank made a \$1,500 donation in support of the festival website, the portal for ticket sales.

Now in its third decade of volunteerdriven productions, the Sanibel Music Festival presents classical music performances of the highest standard at affordable prices, promoting the careers of emerging artists.

The Sanibel Music Festival is such an important part of our islands' cultural landscape," said Willy Ocasio, Bank of the Islands Vice President and Sanibel-Captiva Office Manager. "By becoming the festival's website sponsor, we hope to encourage robust ticket sales and sold out performances. It's a great way to show how much we appreciate being your island bank.

Visit www.sanibelmusicfestival.org to see the festival lineup and purchase tickets. The festival presents seven concerts each March. Performances include piano, chamber music, recital and vocal ensembles. Tickets are \$50 per concert, performed at Sanibel Congregational . Church, located at 2050 Periwinkle Way on Sanibel.☆

# Fishing Club Monthly Meeting

n Tuesday, March 12, the Sanibel Island Fishing Club will be holding its monthly meeting in the north room of The Community House, located at 2173 Periwinkle Way on Sanibel. The meeting gets begins at 6:30 p.m. with a half-hour social and the featured speakers begin their presentation at 7 p.m. There is no admission charge and the angling public is invited. Pizza and refreshments will be available at a nominal charge.

This month's featured speakers are Ryan Orgera, CEO for the Sanibel-Captiva Conservation Foundation (SCCF), and Rae Ann Wessel, SCCF natural resource policy director. Orgera and Wessel will be discussing the current status of the progress being made toward the restoration of the Everglades and the long term solutions to the water quality issues that have negatively impacted Southwest Florida for the past several

Prior to taking over the reins at SCCF in January of this year, Orgera worked on the Ending Illegal Fishing Project as well as the Global Shark Conservation team with the Pew Charitable Trusts. Working across the globe, from Africa to South America, he helped ensure global protections for 13 species of sharks and rays. He is currently a member of the Federal Marine Protected Area Advisory Committee and remains committed to conservation efforts both locally and



Ryan Orgera

photo provided

internationally.

Wessel will discuss her work on improving local water quality, work which directly affects the fisheries and fishing in the back bays and estuaries.

The Sanibel Island Fishing Club meets monthly through season and sponsors several group outings as well as lending support for various fishing related charities and organizations such as Captains for Clean Water, SCCF and Sanibel Sea School. For information on joining the club, contact president Tom Tilton at 901-494-8829 or attend the meeting. To learn more about the club, 

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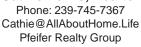


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# Women Voters To Hear Update On Russian Relations





Jane Picker

Sidney Picker

submitted by Robyn Cook

he League of Women Voters of Sanibel is offering a unique and timely opportunity to hear a Russian perspective on the current

state of U.S.-Russia relations and to learn about the work of Sidney and Jane Picker, emeriti law professors and Sanibel residents with a long history of dealing with Russia.

In 1991, with the dissolution of the Soviet Union and the end of the Cold War, the Pickers realized that the future of U.S-Russia relations would change, and it was to the benefit of both, as well as to the world at large, to understand one another, beginning with their legal systems, as law serves as the foundation for society building. It was additionally important to assist Russian legal education in adapting its legal system for a post-Cold War environment of increasing interaction with the U.S. and the emerging interdependent global

At the time, Sidney and Jane were international law professors in Cleveland, Ohio at the law schools of Case Western Reserve University and Cleveland State University, respectively. Together they established a Russian

legal studies program at their two law schools that continued until their retirement when they established RUSLEF (Russia-U.S. Legal Education Foundation), a nonprofit whose mission is to seed the rising generation of the bench and bar in Russia with a rule-of-law legal culture. Working in cooperation with ABA accredited law schools from Maine to California, the Pickers have brought more than 100 Russian law students to study for a year in the U.S. and then return to Russia to pursue their legal careers. The participating U.S. law schools waive tuition, and RUSLEF pays non-tuition

Jane and Sidney met as students at Yale University, where Jane received her LLB and Sidney an LLM Jane also holds an AB from Swarthmore, and Sidney received his LLB from Stanford and an AB from Dartmouth. Both have substantial overseas experience. In addition to Russia, they have lived and/or taught in Australia, South Africa, Brazil, Slovakia, Thailand,

United Kingdom, Canada and China. They served as consultants on Russian legal education to the World Bank. Both hold honorary doctorate degrees from St. Petersburg State University as well as Novgorod State University, the first husband-and-wife team to be so recognized in Russia and the only Americans to be so honored in law by Russian universities.

Make your reservations to hear the Pickers discuss U.S.-Russian relations from the Russian side of the fence and also tell you about their experiences and current work.

The program will be held on Thursday, March 21 at Sundial Beach Resort and Spa. Registration is at 11:30 a.m. for the noon to 2 p.m. luncheon and program, with time for questions. RSVP to www.lwvsanibel@gmail. com. Deadline to RSVP (or to cancel a reservation) is noon on Monday, March 18. Cost is \$25 per person. Mail your check to: LWV Sanibel, P.O. Box 1194, Sanibel FL 33957. Or you may pay at the door (check or cash only).



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The team of Heidrick & Company Insurance and Risk Management Services, LLC

photo provided

# Insurance Firm Sponsoring Annual Spring Festival

he Children's Education Center of the Islands (CECI) welcomes Heidrick & Company Insurance and Risk Management Services, LLC as a silver sponsor for the 25th annual Spring Festival. For the past 25 years, CECI has hosted its family-friendly festival that is open to the public. The event will be held at Sanibel Community Park, located next to the playground on Periwinkle Way, on Saturday, April 20 from 9 to 11 a.m. The

festivities will begin with a free Easter egg hunt for children of all ages.

Games, contests and crafts will begin immediately after and will continue until 11 a.m. A \$15 armband will allow each child unlimited fun to participate in all activities. The festival will include pony and "unicorn" rides, a bounce house, giant slide, crafts and games. Best of all, the Easter Bunny will be available at 10:15 a.m. for pictures. The festival will also include a silent auction with over 60 baskets to choose from.

Proceeds from the Spring Festival will benefit CECI's scholarship fund and capital improvements. For more information, call Cindy DeCosta at 472-4538 or visit www. childrenseducationcenter.com. A

# Superintendent To Address Republicans

n Saturday, March 16 at 10 a.m., Dr. Gregory Adkins will speak to the Sanibel-Captiva Republican Caucus. The meeting, open to the public, will be held at the Sanibel Public Library, located at 770 Dunlop Road. Refreshments will be served.

Dr. Adkins, appointed superintendent in 2015, has served the School District of Lee County for 30 years. Descending from a long line of educators, Dr. Adkins is passionate about providing the best educational system in the world for the children in the community. Prior to his work at the district, he spent a combined 14 years as a principal and a science teacher. He then was chief human resources officer and chief operations officer for the district.

Dr. Adkins wrote The Education Revolution – A Theory for Action and co-authored Vision 2020, the school district's strategic plan, which defines a specific course of action to implement key, research-based recommendations and strategies.

Dr. Adkins received his doctorate degree at the University of Central Florida, Orlando. He is interested in sustainable living and spends his free time maintaining the small farm he owns with his wife Teresa. He sits on the executive boards of Healthy Lee and

Selling or Just Want to Chat... Talk to Chuck!



Dr. Gregory Adkins

photo provided

the Foundation of Lee County Public Schools and is a member and past president of the East Fort Myers Rotary Club.

The superintendent will talk about his plans for Lee County schools.

For more information, call Will Smith at 395-0819. \$

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### 4014 West Gulf Dr.





Brand new custom home across from beach access. 4 BR/3BA home, large acre+ lot. Impact glass, glassed elevator, gourmet kitchen, gas cook top and stainless appliances. All rooms access screen enclosed decks overlooking oversized salt water pool and native vegetation. Gulf views; an exceptional home! Gulf view, an exceptional home!

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\$819,000

submitted by Shirley Jewell

The Rotary International motto for this year is Be the Inspiration, and this week at Rotary, we had one heck of an inspirational



meeting. Our honored guest was Rotary District #6960 Gov. 2018-19 Sandra Hemstead. She didn't come to speak, but to participate in the swearing in of Sanibel-Captiva Rotary Club's newest members, Heather Scott and Gene Hardy, and help take part in the awarding of club member Paul Harris Fellow and society awards.

A Paul Harris Fellow recognition acknowledges individuals who contribute, or who have contributions made in their name, of \$1,000 to the Rotary Foundation. Rotary established the recognition in 1957 to encourage and show appreciation for substantial contributions to the Rotary Foundation. The mission of the foundation is to enable Rotarians to advance world understanding, goodwill and peace through the improvement of health, support of education and alleviation of poverty.

The Rotary Foundation is a not-forprofit corporation that is supported solely by voluntary contributions from

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From left, Sanibel-Captiva Rotary Trust Foundation Chair John Schwandke, Roger Grogman, John Henshaw, Rotary District #6960 Gov. Sandra Hemstead and Sanibel-Captiva Rotary Club President John Danner

photo provided

Rotarians and friends of the foundation who share its vision of a better world. The foundation was created in 1917 with a \$26.50 contribution by Rotary International sixth president, Arch C. Klumph. Thanks to his vision and staunch advocacy, and the extraordinary generosity of Rotarians worldwide, that fund has become one of the world's leading humanitarian foundations, holding assets of \$1 billion. The Rotary Foundation receives a 4-star overall score from Charity Navigator.

LIC # EC-0001761 LIC # CAC-057364

The Rotary Foundation transforms gifts into projects that change lives close to home and around the world. As the charitable arm of Rotary, the foundation benefits from a global network of Rotarians who invest their time and expertise ensuring that projects are high-impact and sustainable, and meet the most pressing needs of the communities they serve. Strong financial oversight, a stellar charity rating, and a unique funding model mean that Rotary makes the very most

of contributions.

The Every Rotarian Every Year initiative asks every Rotarian to support the Rotary Foundation. Many of the 1.9 million Rotarians contribute to the foundation either with their home clubs contributing a small contribution of \$35 to \$50 per year for each member, or by directly giving to the foundation either through their personal Paul Harris contributions or receiving gifts in their name to Foundation Giving.

Rotarians are working toward the goal of reaching \$1.0 billion in net assets and \$1.025 billion in commitments for future gifts, totaling \$2.025 billion for the endowment by 2025. As of June 30, 2018, net assets came to \$466.5 million and commitments totaled \$804.9 million, for a combined total of nearly \$1.3 billion.

Through the SHARE system, contributions to the Rotary Foundation are transformed into grants that fund local and international humanitarian projects, scholarships and activities. At the end of every Rotary year, contributions directed to the annual fund, SHARE, from all Rotary clubs in the district are divided between the World Fund and the District Designated Fund, or DDF. At the end of three years, your district can use the DDF to pay for foundation, club and district projects that your club and others in the district choose. Districts may use up to half of their DDF to fund district grants. The remaining DDF may be used for

continued on page 15B





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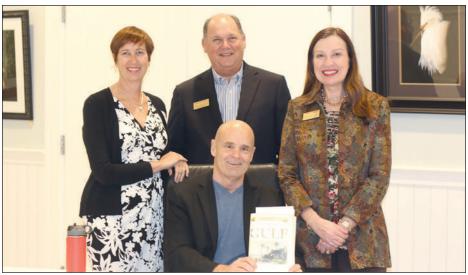
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Clockwise from left, Dorrie Hipschman, Steve Greenstein, Robin L. Cook and Jack E. Davis photos provided

# Pulitzer Prize Winner Speaks On Sanibel

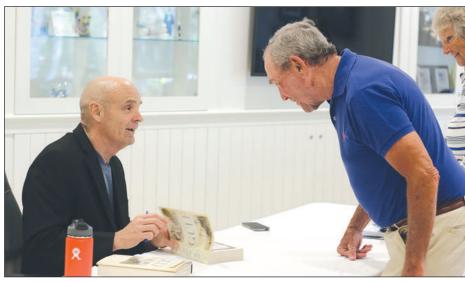
n February 20, The Sanibel Captiva Trust Company hosted a private presentation featuring Pulitzer Prize winner Jack E. Davis, in partnership with the Bailey-Matthews National Shell Museum.

We have a special relationship with the Bailey-Matthews National Shell Museum, said Al Hanser, chairman and founder of The Sanibel Captiva Trust Company. "We were honored to have the opportunity to

host this event for our clients and friends. Mr. Davis is a force of nature - a true historian and advocate for our gulf waters.'

Davis has spent a considerable amount of time on Sanibel in years past and has visited the museum frequently. He said that he learned a lot from the museum and its staff when writing his 2018 Pulitzer Prizewinning book, *The Gulf: The Making of* an American Sea. In fact, the opening of chapter 18 was inspired by one of his visits to the museum.

"The Bailey-Matthews National Shell Museum is one of those gems by the sea about the sea, a place of discovery and wonderment where you learn that compact creatures embody the vitality of expansive



Jack E. Davis signing copies of his book

life," Davis said.

Davis' presentation, titled The U.S. and the Gulf of Mexico: History, Wisdom and Hope, incorporated his lively, historical view of the Gulf of Mexico. Beyond tragic oil spills and hurricanes, the gulf has historically been one of the world's most bounteous marine environments, supporting human life for millennia. Davis started from the premise that nature lies at the center of human existence, and took the audience on a compelling journey from the Florida Keys to the Texas Rio Grande, along marshy shorelines and majestic estuarine bays, profoundly beautiful and life-giving. At the center of his talk was the way people, from pre-Spanish natives to present-day coastal residents, have

organized their societies and individual lives around nature, and how gulf nature has been a positive force in human events.

Earlier that afternoon, the museum hosted a public presentation by Davis for the local community with 175 people in

"Davis' message resonates well with those who call Sanibel and Captiva home and with those who love to collect shells on our beaches," said Dorrie Hipschman, the museum's executive director. "It is an exciting time for the museum. With phase one of our aquarium expansion on the horizon, 2019 is going to be an incredible year of unprecedented growth for the museum and for the programs we offer 

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specifications and expectations, with candid communication the whole time.





n February 8, students and leaders from Sanibel Community Church H2O Youth Ministry participated in the Night To Shine event sponsored by the Tim Tebow Foundation and hosted by Sanibel Community Church. Over 100 people with disabilities attended as honored guests.

Teens were ready and trained to give each guest a night to remember by helping with hair and makeup, assisting with limousine rides, volunteering as escorts and walking the red carpet with their "buddy." They cheered as each guest arrived. Throughout the night, the teens were dancing, smiling and encouraging their "buddy" to have the time of his or her life.

Towards the end of the evening, as each guest was crowned prom king or queen, shouts of joy and applause were heard throughout the campus. The men and women who attended truly had a Night To Shine.

H2O Student Ministries is a youth ministry program for sixth through 12th grade young men and women. The group meets on Wednesday evenings from 5 to 7 p.m. for middle school students, 6 to 8 p.m. for high school students, and on Sunday mornings at 11 a.m. until noon in the youth center at Sanibel Community Church. All students on the island and surrounding communities are welcome to attend.

Sanibel Community Church is an evangelical, non-denominational congregation, located at 1740 Periwinkle Way (next to Jerry's Market). For more information, call the church office at 472-2684.\*\*

Read us online at IslandSunNews.com



From left, Ella Stroud, Megan Markle, Isabella Sbarra, Jianna Senkeleski, Gianna Winters, Carley Ross, Brooke Yelenich, Cindy Duong, Emily Ibarra, Jenna Senkeleski (leader), Caitlin Ross, Abby Sullivan and Marit Foster photos provided



From left, Zander Goss, Pastor Kevin Schafer, Nathan Haas, Case Vandevelde, Matt Ciccone, Lee Southard (leader), Jim Senkeleski (leader) and Jack Henard (leader) waiting for the event to begin

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# Presenting Sponsor For Beer In The Bushes

he Sanibel Captiva Trust Company is returning as a sponsor for the 8th annual Beer in the Bushes, to be held on Saturday, April 20 from 6 to 10 p.m. The popular fundraiser for Sanibel-Captiva Conservation Foundation (SCCF) will feature top-of-the-line food truck fare and craft beers. The trust company will be the presenting sponsor of Food Truck Alley

"We really appreciate that San Cap Trust can help us present a great lineup of food trucks offering a wide variety of dining options," said SCCF event producer Jeff Siwicke. "This is a key part in making Beer in the Bushes such a great time for all our guests."

Under the culinary direction of

Catering by Leslie Adams, this year's Food Truck Alley will feature:

Taco Tummy with south of the border favorites; Gator John's BBQ; Wicked Streatery featuring fresh ingredients, bold flavors, and loads of creativity; Rollin' Raw Bar oysters and seafood; The Sizzle Truck with cheesesteaks, po boys, and Greek souvlaki and salad; Čajun Gringos Cajun-style beef, pork and chicken topped with pickled onions, creole and more.

Beer in the Bushes will be held on the grounds of the SCCF Nature



From left, Gary Dyer, Gail Latino, Al Hanser, Jeff Siwicke, Robin L. Cook, Phyllis Gibson and Steve Greenstein

photo provided

Center, located at 3333 Sanibel-Captiva Road. A limited number of Early Bird Tickets priced at \$60 went on sale March 1. Tickets are available through Eventbrite at www.beerinthebushes. com. Advance tickets are \$70. If the event does not sell out beforehand, \$80 same day tickets may be available. This

event will likely sell out, so advance purchase is recommended. All tickets include \$10 in Trux Bux redeemable for dinner choices from any of the trucks.

Beer in the Bushes is a smoke-free, rain-or-shine event. Proceeds support SCCF's mission of conserving coastal habitats and aquatic resources on

Sanibel and Captiva and in the surrounding watershed.

To learn more about event sponsorship opportunities, contact Jeff Siwicke at 357-0457, jsiwicke@sccf. org or Cheryl Giattini at 395-2768, cgiattini@sccf.org.☆



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Will Power

### What Is Information?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

The world changes at a rapid pace. As recently as 25 years ago, fax machines weren't ubiquitous, personal computers were clunky and not very useful, there were no cell phones, and there was no Internet of which to speak.

Information bombards each and every one of us daily. The smart phone in your pocket contains more communication, digital computing and research capabilities than the largest mainframes of a generation ago. We have access to the Internet in our homes, offices and local eateries. Information is more readily and instantaneously available to us now than at any other time

in history. When my mother was diagnosed with acute myeloid leukemia (AML), for example, I searched the Internet for information about its prognosis and treatment.

People tend to search the Internet when making major decisions, whether they are medical, financial or legal. What you have to realize, however, is what kind of information you've discovered. We've all heard, "I learned enough on the Internet to make me dangerous." That's a very true saying. Allow me to take the next step to differentiate between the four different levels of information.

Data is the first level. Data is everywhere—but it's fleeting—relevant only in the moment. Stores record the amount of sales revenue daily. The rise and fall of stock prices, the number of individuals affected by a flu virus and how many new jobs were created in the past quarter. Newspapers cite data from baseball players' hitting averages to the amount of rainfall recorded in the past 24 hours. We may learn the number of months the average patient diagnosed with AML lives.

Without context, however, data means absolutely nothing.

The second level is information. Information is useful but has a shelf life. The news contains much information, but it may only be relevant today. It's stale tomorrow. The Internet is chock full of information. Some may be from a knowledgeable source, while some other is nothing more than uninformed opinion.

Knowledge is the third level of information. Knowledge has a much longer shelf

Knowledge is the third level of information. Knowledge has a much longer shelf life than information, and is usually supported with years of education and experience. Knowledge is not something gained by reading articles in newspapers, magazines and Internet blogs. You may digest information from those sources, but you won't earn any knowledge without being able to put that information into both a historical context and a view of relevant but interrelated factors.

Shortly after my mother's AML diagnosis, for example, and after having gained

information as to which medical centers treated the disease with success, we flew to Houston's MD Anderson Cancer Center where trained doctors with AML specialties used their years of accumulated knowledge to begin treatment. Through their efforts, my mother achieved remission for many years following a bone marrow transplant, which ended up having to be repeated eight years later. While I had found all sorts of information on the Internet about AML, I did not have the knowledge necessary to save my mother's life. Only the expert physicians and their medical teams had that.

Knowledge changes over the years, however. So it too has a shelf life. The cancer treatments of 10 years ago are vastly different than those of today. The knowledge has

changed.

In contrast, the highest form of information doesn't have a shelf life – and that highest form is wisdom. Most of the world's major religions are predicated on the wisdom of how to live a full and good life as a human being with all of our faults and foibles. Wisdom can also be found in many of the best medical, legal and financial professionals.

There are some professionals who have knowledge gained from years of experience but lack the wisdom to choose whether one course of action is better than another — which is the wisdom of how to best apply knowledge. None of us knows what the future brings, even the most knowledgeable professionals. Life has a way of surprising us.

I believe that true wisdom comes from a unique ability to filter knowledge and life experience into a fabric of understanding, with an ability to communicate that understanding in a way that endures. It's not always sexy or flashy, but when you find someone who has true wisdom, you never want to lose them.

I therefore try not to confuse data and information with true knowledge and wisdom. This helps me find clarity in my everyday decisions.

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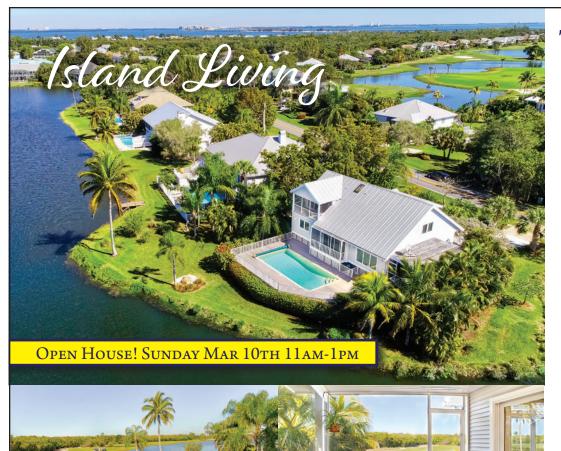
# Kiwanis Club Scholarships

The Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2019-20 school year. Scholarships of \$4,000 per year, over a period of four years, will be awarded. Additionally, several one-year scholarships in varying amounts are available, including Sam Bailey's Islands Night Scholarships.

Eligible applicants must be Sanibel or

Captiva residents, employed full time on the islands or a family member of such (of any age) attending a college or vocational school.

The club collects the applications and an independent committee makes the selection. Applications must be submitted by March 29, 2019. They can be obtained on the Kiwanis website, www. sanibelkiwanis.org, or by contacting: Antoinette Radicchi at 579-0660 or antoinette@sanibelinsurance.com; Bill Traum at 671-0155 or billtraum@me.com; or Chris Heidrick at 579-0660 or chris@sanibelinsurance.com.\*



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# Programs For Sight Impaired Topic Of Meeting For Lions Club

ight is undoubtedly one of the Lions Club defining causes. Lighthouse of Southwest Florida is one of the sight-based organizations supported by the Sanibel Captiva Lions Club, which hosted Sandy Burke and Amy Turner as guest speakers recently.

Lighthouse enables people of all ages living with a visual impairment or blindness to remain independent, active and productive in our society, said Sanibel Captiva Lions Club President Bob Kern. 'That is a noble mission.'

Burke, who lost her sight at the age of 29, emphasized the importance of the work at the Fort Myers-based Lighthouse. "We help people through very tough situations and provide them with tools and skills that change their life," she said. Services and classes include computer/ assistive technology training, orientation and mobility, independent living skills and adjustment counseling.

Lighthouse clients learn to

read with accessible technology, use magnifiers or other adaptive aids correctly, travel safely, surf the Internet or read email, work on the computer, cook safely, operate a talking watch or alarm clock, identify money, and receive assistance for clothing and food. "The goal is for them to live more independently," said Amy Turner, Lighthouse community relations representative.

Lighthouse of SWFL Community Relations representative

Amy Turner and marketing representative Sandy Burke

Additionally, the Lighthouse provides vocational rehabilitation-job development and placement program, as well as a blind babies and transition program that prepares small children, families and young adults for challenges ahead.

"The Lions Club makes many of the things we do possible and we are grateful for

your support," said Burke, who has been a Lion for 11 years.
To learn more about the services and programs offered by Lighthouse of SWFL, visit www.lighthouseswfl.org or call 997-7797.
SanCap Lions meet the first and third Wednesday of the month at The Community

House. Dinner is catered by Sanibel Catering Company by Bailey's. For more information, visit www.sanibelcaptivalions.org.

From page 10B

# Rotary Happenings

global grants or donated to PolioPlus, Rotary Peace Centers or another district.

Sanibel-Captiva Rotary soon will be receiving district matching grants for our club projects in Guatemala (wheelchairs), Haiti (water wells) and other locations.

As Sanibel-Captiva Rotary Trust Foundation Chair John Schwandke and Gov. Hemstead were calling out the names of Sanibel-Captiva Rotarians receiving Paul Harris awards, it was evident that each of our club members truly "walk the walk" in giving their time and talent to benefit Rotary and the mission of Rotary International. They are truly inspirational.

This list of names is only the tip of the iceberg as far as our club having members that have received Paul Harris awards and Paul Harris Society chevrons:

First time Paul Harris Award Fellow

recognition pins and medallions were presented to Rotarians James Davis, Cindy DeCosta, Gary Dwyer, Jerry Gorby, Richard Green, Ralph Kern, Richard Mattern, Paul Prestia and Greg Scherer:

Paul Harris Fellow +1 Rotarians -Barbara Ellis, EJ Nealey and Michael

Paul Harris Fellow +2 Rotarians -Jean DeDouvre, Bill Letendre Sr., and Clark Rambo;

Paul Harris Fellow +3 Rotarians -Jack Alexander and Bunny Ospa;

Paul Harris Fellow +4 Rotarians -Scot Congress and Joel Ospa;

Paul Harris Fellow +5 Rotarian – John

Paul Harris Society pins and chevrons went to new club members Roger Grogman and John Henshaw.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.₩

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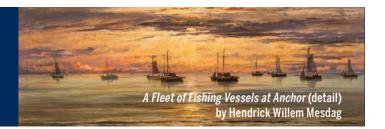
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SATURDAY Sunny High: 80 Low: 74



SUNDAY Sunny High: 78 Low: 73



MONDAY Mostly Cloudy High: 77 Low: 72



TUESDAY Cloudy High: 73 Low: 68



WEDNESDAY Sunny High: 71 Low: 62



THURSDAY Mostly Cloudy High: 73 Low: 68

### Redfish Pass Tides

Dox	High	Low	High	Low
Day	mgn	LOW	High	LUW
Fri	1:41 am	7:47 am	2:07 pm	7:56 pm
Sat	2:20 am	8:08 am	2:27 pm	8:38 pm
Sun	4:04 am	9:30 am	3:52 pm	10:26 pm
Mon	4:56 am	9:54 am	4:22 pm	11:22 pm
Tue	6:04 am	10:17 am	4:58 pm	None
Wed	7:48 am	12:32 am	5:44 pm	10:33 am
Thu	6:43 pm	1:54 am	None	None

### Point Ybel Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	12:46 am	7:49 am	1:12 pm	7:58 pm
Sat	1:25 am	8:10 am	1:32 pm	8:40 pm
Sun	3:09 am	9:32 am	2:57 pm	10:28 pm
Mon	4:01 am	9:56 am	3:27 pm	11:24 pm
Tue	5:09 am	10:19 am	4:03 pm	None
Wed	6:53 am	12:34 am	4:49 pm	10:35 am
Thu	5:48 pm	1:56 am	None	None

### Punta Rassa Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	1:14 am	8:07 am	2:00 pm	8:23 pm
Sat	1:49 am	8:28 am	2:09 pm	9:00 pm
Sun	3:35 am	9:48 am	3:21 pm	10:39 pm
Mon	4:34 am	10:07 am	3:48 pm	11:23 pm
Tue	5:41 am	10:29 am	4:26 pm	None
Wed	7:05 am	12:27 am	5:12 pm	10:52 am
Thu	8:32 am	2:04 am	6:08 pm	11:19 am

### Cape Coral Bridge Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	3:51 am	11:03 am	4:17 pm	11:12 pm
Sat	4:30 am	11:24 am	4:37 pm	11:54 pm
Sun	6:14 am	12:46 pm	6:02 pm	None
Mon	7:06 am	1:42 am	6:32 pm	1:10 pm
Tue	8:14 am	2:38 am	7:08 pm	1:33 pm
Wed	9:58 am	3:48 am	7:54 pm	1:49 pm
Thu	8:53 pm	5:10 am	None	None

### Island Seniors At Center 4 Life

eet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up

Page Turners with Louise Fitzgerald and Ann Hartman – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center.

The book for discussion on Wednesday, March 13 at 2:30 p.m. will be *The Alice Network* by Kate Quinn.

"In an enthralling new historical novel from national bestselling author Kate Quinn, two women - a female spy recruited to the real-life Alice Network in France during World War I and an unconventional American socialite searching for her cousin in 1947 - are brought together in a mesmerizing story of courage and redemption. In the chaotic aftermath of World War II, American college girl Charlie St. Clair is pregnant, unmarried, and on the verge of being thrown out of her very proper family. She's also nursing a desperate hope that her beloved cousin Rose, who disappeared in Nazi-occupied France during the war, might still be alive. So when Charlie's parents banish her to Europe to have her 'little problem' taken care of, Charlie breaks free and heads to London, determined to find out what happened to the cousin she loves like a sister. - Guardianbookshop

Morikami Museum and Japanese Gardens Private Tour – Tuesday, March 12. Cost is \$48 for member and \$58 for non-members.

Discover a century-old connection between Japan and south Florida. It is here that a group of young Japanese farmers created a community intended to revolutionize agriculture in Florida. In 1904, Jo Sakai, a recent graduate of New York University, returned to his homeland of Miyazu, Japan to organize a group of pioneering farmers and lead them to what is now northern Boca Raton. With the help of the Model Land Company, a subsidiary of Henry Flagler's East Coast Railroad, they formed a farming colony they named Yamato, an ancient name for Japan.

Take an in-depth look at the current exhibits in the museum galleries, the Seishin-an Tea House, the Donald B. Gordon Memorial Library, as well as a brief introduction to the gardens. After the private tour, lunch will be on your own at the Morikami's Cornell Café. After lunch, tour Roji-en: The Garden of the Drops of Dour

Depart Sanibel by bus at 7 a.m. and return at 6 p.m. Minimum 35 participants required.

**ECHO Tour** – Monday, March 18. Cost is \$15 for members and \$25 for non-members.

ECHO's Global Farm tour is a fascinating guided walking of a creative working farm. Along the way, you will see demonstrations, plants, and techniques useful to farmers and urban gardeners in developing countries. Experience the seven settings of the global farm which feature crops and animals from around the world including goats, chickens, ducks, fish and rabbits. The farm is also home to one of the largest collections of tropical food plants in the United States. There will be demonstrations in the Urban Garden, a perennial favorite, which features some unusual, yet effective ways to grow crops where there is little or no soil.

Lunch is on your own at Farmers Market Restaurant in downtown Fort Myers. Carpool arrangements available. Depart from Sanibel at 8:30 a.m.

Line Dancing Classes – Tuesday, March 12 and 19 at 1:30 p.m. Cost is \$2.50 for members and \$5 for nonmembers. Join the group for an hour of fun. The instructor will review dance steps then turn up the music for dancing. Bring

**Games** – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

**Bridge** – Monday and Wednesday. Registration begins at 12:30 p.m.; the game begins at 1 p.m.

Mahjongg – Thursday at 12:30 p.m. Hand & Foot – Thursday at noon. Hearts – Friday at 12:30 p.m. Kayaking on Tuesdays and

Thursdays – March 12, 14 and 19 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration is required.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

Essential Total Fitness – Monday,

Wednesday and Friday at 9:30 and 11 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.☆

### Register For Barre Fitness Classes

Registration is now open for the upcoming March/April session of Barre Fitness classes at the Sanibel Recreation Center. Cost is \$55 for members and \$73 for non-members for the full six-class session. Class size is limited to 10 participants. If space is available, a drop-in rate of \$10 per class for members or \$13 per class for non-members is now available. Register in advance to reserve your spot.

Upcoming session dates are Fridays, March 8, 15, 22 and 29, and April 5 and 12 at 8 a.m.

A Barre workout combines functional continued on page 22B





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# Golf Club Champions

anibel Island Golf Club held its club championships recently and congratulates the winners. For the ladies, it looks like the Gulf Pines community made a clean sweep. Both the 18-hole and 9-hole champions live in Gulf Pines, as well as the 9-hole runner up. Leading the way for the 18-holers was Jonnie Ross, followed by Barbara Egan finishing second. Barbara Olson led the 9-holers and finished just ahead of the second place finishers Geri Harrand



Jonnie Ross and Barbara Olson

and Debbie Krautheim. The ladies used a Stableford format for scoring.

The men used stroke play to determine their club champions, with divisions for white and gold tee players. Jim Cooper came out on top as the men's club champion, followed by Bill Fellows. Also from the white tees, Frank Malartsik won the net score championship. Playing from the gold tees, Anthony Baldino followed up a stellar first round with a solid second round and finished in front of Mick Denham. The net score champion was Tom Ware, who had a two-day net total of 125. \$

# The Dunes Men's Club Champion

on Denecke is The Dunes 2019 Men's Club Champion. Denecke shot 236 over the course of the three-day championship to seal his fourth championship. Second place honors went to David Murphy (240), and third place was Kevin Steel (247) Winners of the flighted division include Norbert Kunz (Platinum flight), Roger Blouin (Gold flight), Jim Burkholder (Silver flight) and Greg Jennings (Bronze flight).

The DMGA also held an alternate Quota Points game for those who were not competing in the club championship. Payouts were determined based on how many points players were above their quota. The payout week was \$3 per point. Here are the results:

Chuck Hogg +2 Bob Schoen +1 Paul Nichols +6 Tom Shriner +6 Dan Alton +2 Peter Kaplan +1 Roy Brodersen +1 Mike Hnatow +7 Ron Seyk +5 Don Weymouth +4 Ed Hannon +2 Bob Kent +4

Current leaders for Player of the Year as of February 28 are: First Place - Jim Burkholder, 115



Don Denecke

photo provided

Second Place - Joe Burns, 102 Third Place - Roger Blouin, 100.☆



# Are Constant Reviews By College Basketball Referees Really Needed?

Thile professional baseball and football have taken recent steps to speed up play and reduce the time it takes to play games, college basketball appears headed in the opposite direction.

Maybe this is just my opinion in the complaint department. But let's look at a few facts.

How often do you tune in ESPN or other major networks for a game you want to watch scheduled, for example, at 9 p.m.? A previous game on this network is still in progress and runs far beyond your game's scheduled start. The first half of your game could be nearly half over before the network finally

switches to your 9 p.m. game. Why is this?

One reason is the seemingly endless reviews by the referees. They stop the game – often for minutes – to check the clock when a shot was taken. After

### **SPORTS QUIZ**

- 1. Francisco Lindor set a Cleveland Indians record in 2017 for most home runs in a season by a middle infielder (33). Who had held the mark?
- 2. Who held the major-league record for most home runs by a rookie before Aaron Judge of the New York Yankees belted 52 in 2017?
- 3. Pro Football Hall of Fame kicker Morten Andersen retired in 2008 as the leading scorer for two NFL franchises. Name them.
- 4. When was the last time before 2018 that Clemson's men's basketball team reached the Sweet 16 of the NCAA Tournament?
- 5. Name the first black player in the NHL.
- 6. When was the last time before 2018 that Croatia's men's soccer team reached at least the semifinals of the World Cup?
- 7. When was the last time before 2018 (Desiree Linden) that an American woman won the Women's Open at the Boston Marathon?

### **ANSWERS**

1. Joe Gordon, who hit 32 home runs in 1948. (Lindor hit 38 home runs in 2018 to surpass his own mark.) 2. Mark McGwire hit 49 home runs for Oakland in 1987. 3. New Orleans and Atlanta. He is still the leading scorer for the Saints. 4. It was 1997. 5. Canadian Willie O'Ree, with the Boston Bruins in 1958. 6. It was 1998. 7. Lisa Larsen Weidenbach won it in 1985.

minutes of review, they might add or subtract a 10th of a second to the game

I saw one game where the refs huddled for at least five minutes to review whether a player had stepped out of bounds. After the long review, they ruled the way the referee had called it in the first place.

After these reviews, then the refs go over to the coaches to explain their decision, and there are more delays.

It's as if baseball umpires and football referees would review countless plays. It appears these college basketball reviews occur more prominently in the final minutes of a game - one of the chief reasons why you miss so much of the game you want to watch.

Of course these are just my opinions, but it sure is frustrating to miss so much of a game you want to watch because the previous game ran so long.

Following are home Spring Training schedules for the week of March 7 through

### Boston Red Sox - JetBlue Park

Thursday March 7 – Minnesota Twins versus Red Sox – 1:05 p.m. Saturday, March 9 – New York Mets versus Red Sox – 1:05 p.m. Tuesday, March 12 – Detroit Tigers versus Red Sox – 1:05 p.m. Wednesday, March 13 – Minnesota Twins versus Red Sox – 1:05 p.m.

Minnesota Twins - Hammond Stadium

Friday, March 8 – Tampa Bay Rays versus Twins – 1:05 p.m. Sunday, March 10 – Toronto Blue Jays versus Twins – 1:05 p.m. Monday, March 11 – Detroit Tigers versus Twins – 1:05 p.m. Thursday, March 14 – Washington Nationals versus Twins – 1:05 p.m. Friday, March 15 – Baltimore Orioles versus Twins – 1:05 p.m.☆

### Community Panel To Meet

he next meeting of the Captiva Community Panel is set for Tuesday, March 12 beginning at 9 a.m. in the Cone Rooms on Chadwicks Square at South Seas Island Resort. This meeting is open to all interested islanders and the

Among the agenda items will be a workshop on buildings, signs and lights issues in the Captiva Code; a presentation from representatives of the Florida Economic Council on water quality issues; discussions about iguana control, leaf blowers, golf carts and pesticides/poisons; an update on the wastewater committee and the Captiva Drive walkway; plus committee reports and updates from other island organizations.

Public participation is invited and encouraged. The next Captiva Community Panel meeting tentatively will be April 9. Information and background documents are available online at www. captivacommunitypanel.com. \$\pi\$



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No appointment is necessary for the complimentary health screening

photo provided

# Lions Club Final Health Screening Of The Season

The Sanibel Captiva Lions Club will host its final complimentary health screening of the season on Monday, March 11 from 9:30 a.m. to noon at the Sanibel Recreation Center, located 3880 Sanibel-Captiva Road. Screenings include diabetes, glaucoma, hearing and blood pressure tests, and no appointment is necessary.

"It takes about a half hour per

screening," said Lion Rick Siders, a retired physician. "The screening allows us to detect any potential diabetics, vision impairment or hearing loss. We then refer them to local physicians for further diagnosis and/or treatment.'

While sight is undoubtedly one of the Lions defining causes, diabetes has become the leading cause of new-onset blindness and those with Type 1 or Type 2 are at risk. It's why Lions have taken action and support diabetes awareness, education, prevention, detection, control and research of the disease.

According to the World Health Organization, 360 million people

worldwide have disabling hearing loss with another billion at risk. In addition to hearing screenings, Lions have developed an array of programs for those who are deaf or have a hearing impairment.

The Sanibel Captiva Lions typically perform 110 individual health screenings each year and have introduced retina screenings. Lions partner with an ophthalmologist, and a Lion, to

professionally read the retina camera screening results.

"We enjoy seeing those who return each year, but hope to see some new faces," said Siders. "The screening is an important step in having a healthy life.'

The Lions meet the first and third Wednesday of each month at The Community House. For more information, 



Group participants, from left, Paul McArthur, Bob Rohl and Skip Tutor

photo provided

### Hole In One

ompeting in the 2019 Club Championship Tournament at The Dunes Golf and Tennis Club on February 27, Bob Rohl made a hole in one on the 11th hole. The yardage was 159 yards and he used a Callaway Rogue 7 Iron. According to onlookers, the ball was tracking the flag stick the 



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### Why Are Americans In So Much Pain?





by Ross Hauser, MD and Marion Hauser, MS, RD

aving recently sustained a bike accident resulting in some pretty serious injuries, I (Marion) can appreciate our Caring Medical patients as they deal with chronic pain. A recent article, Why are Americans in so much pain?, described the life of a person who lived in chronic pain and the near-fatal taking of his own life. His issues began after knee and back injuries while in the military. Despite surgery, the pain worsened, thus he was given an opioid prescription. This story is very common.

Overuse of opioids is a leading cause of accidental death in the U.S. and decreases overall life expectancy. The

opioid epidemic is largely an American problem, as we consume about 30 percent of the world production, yet the U.S. represents only 5 percent of the global population. Why?

Americans do not suffer more injuries or even suffer with chronic pain at higher rates. Our fast-paced lifestyle and get-it-fixed-quick culture plus the powerful influence of the pharmaceutical industry contributes to the excess use. Many cultures are more open to alternative or natural therapies than the U.S. They do not fear living with some pain while these modalities start to work and heal the body long-term.

As I sat in the ER with my injury, I knew I was not going to choose narcotics. I chose OTC medications, plus herbs, enzymes, essential oils, homeopathic remedies, healthy eating and early movement. I quickly started rehabilitation in the pool and am making faster-than-normal recovery. I was able to receive prolotherapy to the remaining injuries after the swelling abated. Am I in pain through the process? Yes. But the pain is actually a God-send, alerting me to know my limitations. God made the body to heal itself. Do what you can to make that happen.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@ 

**Superior Interiors** 

# Home Interior Trends For 2019



by Jeanie Tinch

rends come and go, just as we have seen in fashion, music and even hairstyles. Twice each year, High Point Market never fails to impress with a plethora of new releases within the

home interior segment. How will these trends translate into our market? There seem to be several that will do just that.

Neutrals continue to hold the market with color reigning as the lively element that drives trending design. Green in all forms remain emerging and strong. While some colors, like all the hues of blue seem to have staying power over several seasons. The classic combo of black and white remains as does blushes of pink, peach and coral. Colorful accent walls, velvet and customizable case goods add

Floral patterns are everywhere as the beauty of nature was highlighted in fabrics, wall coverings and bedding. There are even whimsical wildlife creatures hidden within the prints for interest.

Wallcovering options are endless, making inroads with colorful, unique choices and applications. From bold patterns and digital prints to metallic finishes and high style textures, all beckon to be included in any high style design plan. These are definitely not your grandmother's wallpaper.

Coastal and tropical looks have made their way back to mainstream design in delightfully refreshing fashion. White lacquer and anything reminiscent of retro Palm Beach makes us long for the coast. Color pops, botanical references and stylized accents in case goods and furniture make it easy to add that touch

of vacation to any space.
Ornamental elements are making there way back. Passementerie, unique inlays and textured hardware offer details to take furniture to the next level. Tassles and semi-precious stones for pulls and lighting, textured grasscloths on nightstands and artisan bone inlay are just a few of the innovative details surfacing for this trend.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be 

From page 18B

### Fitness Classes

strength, dance, Pilates and yoga concepts into a series of movements designed to strengthen the entire body. Participants will primarily utilize bodyweight for resistance while focusing on alignment and posture with the goal of enhancing body awareness, coordination, balance and strength.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.☆



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# Low Dose Aspirin May Help Preeclampsia

by Suzy Cohen, RPh

ear Readers:
Pregnancy
should be a
time of joy but, sadly
for some women, it
brings unexpected
health challenges.

Preeclampsia is a condition that occurs during pregnancy where blood pressure

spikes very high and excess protein spills into the urine. It limits the amount of blood flowing through the placenta, which put both mother and child at risk for harm, and miscarriages and fatalities do occur.

Some women are more prone to preeclampsia than others, especially if they come into their pregnancy with hypertension, excessive weight or obesity, or a pre-existing condition of diabetes, kidney disease, lupus or rheumatoid arthritis. Getting pregnant after age 40 may increase risk, as does in vitro fertilization, donor insemination, or carrying twins or triplets.

There are several ways to take care of yourself and reduce complications. Lying on your left side (to take the baby's weight off major blood vessels) is a wise thing to do. Also, it's good to consume less processed foods that contain a lot of salt (sodium chloride) which increases blood pressure.

Low dose aspirin is another idea that you can talk to our doctor about. A brand new study published in January 2019, in the respected French journal, *Presse Medicale* found that taking aspirin at bedtime may be helpful in high-risk patients. This is not the first study to suggest aspirin is useful.

Aspirin is a platelet inhibitor, that means it works to thin the blood which in turn, helps regulate blood pressure. A low-dose of aspirin blocks Thromboxane A2 (TXA2) from forming in the platelets. Think of thromboxane as glue. When you block the glue formation, that makes the platelets less sticky. So one effect from aspirin is to keep the blood thinner and less sticky, so then there is less pressure

on the blood vessels. Too much aspirin will cause excessive thinning of the blood and easy bruising and bleeding.

Probiotics may help with preeclampsia too. There is a protective effect of Lactobacillus probiotics, and this is interesting because a person's gut microbiome directly impacts their thyroid hormone levels. Healthy gut status improves thyroid hormone conversion, and that in turn improves fertility. But more importantly, there is an anti-inflammatory effect from probiotics and a new study found that lactobacillus could help to improve odds of carrying full term if you have preeclampsia. Cortisol to cortisone levels matter too. If this topic interests you, sign up for my free newsletter at www.suzycohen.com, and I'll email you the information. In the meantime, reduce your stress as much as possible because high cortisol is harmful if you have preeclampsia. For more information, visit www.preeclampsia.org

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.

From page 1B

### Water Quality

this is one way we'll continue to set the example."

"If we don't fix the water we have here and in Southwest Florida, we'll have no hope for fixing it elsewhere," added Ryan Orgera, CEO of the Sanibel-Captiva Conservation Foundation. The \$810,000 project – including

The \$810,000 project – including \$165,000 for design and \$645,000 for construction costs – was funded by the South Florida Water Management District's cooperating funding program, Lee County Community Park impact fees and the City of Sanibel.

"The city and this council should be very proud of this project," said Vice Mayor Mick Denham. "The water quality and best practices we have here are second to none."

"I'm really proud of this project, which is what I call a grand slam... a private-public-public-public partnership," added Councilman Chauncey Goss. "People who live here can go home and be very proud of paying their taxes. With projects like this, you can see that we're really getting our money's worth."

### Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I have some fears that I would like to transform. What's the best way to go about this?

A: One of the best ways to transform fear is with courage. Begin with selecting a fear

and rev that energy up. Put your fear into a worst case scenario. For example, let's say you fear failure.

Your inner dialogue may say, "I'll never get that job, I'll be stuck here forever then I'll be miserable." You get the point. Hype up the fear as much as you can. Observe what you feel in your body.

Úsually you feel it in your solar plexus (your emotional center), heart or throat. Do you feel achy, nauseous, throat constricted? What does your fear look like? What color? Texture, Temperature.

Just notice and be aware of the sensations in your entire body and map your fear's energy.

Next, make the courageous decision to transform your fear. Shift it through your thought process and through your behavior. Instead of horribilizing, tell yourself that you are going to improve the situation right here, right now. First,

set the intention from a positive frame of reference. Start with "I have," and act as if it's already manifested, such as "I have a more rewarding and lucrative job that brings me satisfaction." "My creativity and efforts are being recognized here, and I am in a position to advance." Now observe your body. What has shifted? Do you feel a release of tension? Where?

What does this feel like? Remember, you have shifted your awareness and now you are experiencing courage rather than fear. Also observe sensations in your heart center. It's wonderful to now know what the energy of courage feels like.

Before you know it, you will be shifting all of your fears into courage and getting a very clear idea of how the energy of having courage feels.

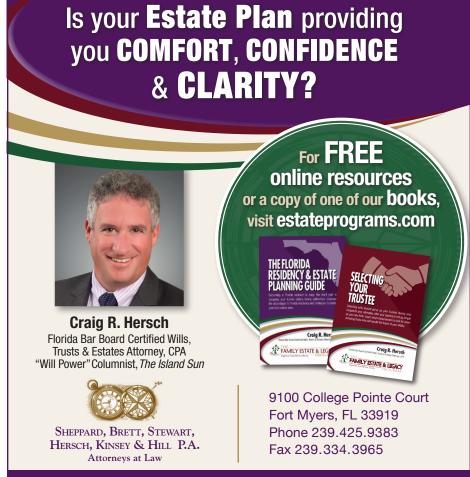
Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.

# Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfloa.org.

Sanibel Community Church is located at 1740 Periwinkle Way.



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To be listed in calling card email your information to: press@islandsunnews.com

# PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services Nosky And Birdie



Nosky ID# A769931

'ello, my name is Nosky. I am an 8-yearold male chocolate lab that technically is a senior dog, but I haven't been told that and I don't seem to know my age. I have the heart of a teenager and the also the energy. I have great leash manners and know 'sit' and 'shake' and will sometimes roll over if there is a high-value treat involved. I have my own crazy dance that I like to do. It involves my front two paws that the folkse at LCDAS find absolutely endearing, and I am sure you will as well. Stop by the shelter today and ask to see me today.

My adoption fee is \$50, but if you pick a four leaf clover, it will be reduced to just \$25.

Hi, I'm Birdie. I am a 10-year-old female mastiff mix, a 'Super Senior' who may seem my age when you first meet me, but when you take me out to the play yard, I act like a young pup and love to roll around in the grass. I am tons of



Birdie ID# A768528

fun to watch as I play with my ball, and I love the outdoors. I am the perfect combination of canine fun and maturity. You don't have to worry about the puppy training and chewing with this gal.

My adoption fee is \$50, but if you pick a four leaf clover, it will be reduced to just \$25.

For the month of March, all adoptions will be reduced to \$50 with an approved application. Adopters will also get the chance to pick a lucky shamrock during "Lucky Charm" month to reduce the reduction fee to just \$25.

The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. This is a \$500 package. Volunteers and staff are waiting to introduce your new family member.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.☆

### Haven on Earth Animal League Lily And Sylvia



Lily

i, I'm Lily! I'm a beautiful 2-year-old female tabby with a white bib. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$100. Come see me at Petco in Gulf Coast Town Center. Hello, I'm Sylvia. Aren't I just adorable? I'm



Sylvia

only 6 months old and a very sweet little girl. I'm currently staying with a foster family and would really like a home to call my own! My adoption fee is \$100 which includes vaccines and spaying.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.☆

# **PUZZLES**

Answers on page 31B

# **Super** Crossword

### **DELICACY BENEATH** THE SURFACE

### **ACROSS** 1 Belgradians, e.g.

- 6 Head hair hides them
- **12** Aped 20 Irked a lot
- **21** Was released **22** In a
- mannerly manner 23 Start of a riddle
- 26 Myrna of "The Thin Man" 27 Seasons
- first games 28 Cried feebly
- 29 Gives in (to) 33 PIN point
- 34 TV reporter Burnett
- 36 Marian 37 Riddle, part 45 Currently
- airing 47 Like straight lines, for
- short 48 Recycling receptacles 49 Notable
- years 50 Riddle, part 109 Gift from
- 55 Singer Levine

30

20

23

36

45

50

72

76

96

100

126

129

80

111 112 113

- **56** Fridays (restaurant) **57** Dalai –
- 58 Freeze Away targets 60 Youth org.
- 63 Bitten at persistently 67 Penalized monetarily
- **70** Taunt 72 Riddle, part
- 76 Nero or Livy 77 Actress Eva DOWN 78 Actress Eva 79 Ar follower 80 Plane parts
- 82 Korbut of avmnastics 84 Fleur-de-
- 86 Tick's cousin 87 Riddle, part
- 96 Stage decor 97 Champ's cry 98 Novelist Seton
- 99 "Ask, I might know the answer"
- 100 End of the riddle 106 Sword type
- 107 See 9-Down 108 Basketballer Ming

26

56

107

120 | 121

63

above 111 Test pilot's garb

21

- 114 Least dry 118 Surg. sites 119 Riddle's answer
- 126 More ready to hit the hay 127 Mexican or Guatemalan
- 128 Wall painting 129 Steed riders 130 Revises, as text
- 131 Messy types

- 1 Toothed tool 2 King James Bible suffix
- 3 San Luis California 4 Really
- scolded 5 Rose to one's feet 6 Police rank:
- Abbr. 7 "It's Impossible" singer Perry
- 8 Over 9 With 107-Across. give in to
- despair 10 "The 25th Annual -County Spelling
- Bee" 11 Tampa Bay city, for short

39

82

108

102 | 103 | 104

127

130

33

53

98

78

115 116 117

- 12 Stock mkt. debuts
- 13 Floor cleaner 14 In bad health 15 Neckwear
- clasps 16 Make harmonious
- 17 Blue hue 18 Sommer of The Oscar" 19 Like much
- blond hair 24 No. to Dmitri 25 Writer
- Bombeck 29 Love, to Nero or Livy
- 30 Walking stick 31 French "five" 32 Loafer, e.g. 34 Revise
  - 35 Revive 38 With 113-Down. product's ultimate
- consumer 39 Vietnamese celebration
- 40 Hero type 41 Nets' org. 42 Form-filling
- 43 Millet, fescue and sorghum 44 Tuber often candied
- 46 Going gaga, with "out" 51 Wedding

22

48

- 52 Lieutenant 91 Lower Geordi on "Star Trek: sch.
  - The Next Generation" 93 Ballyhoo
- 53 Exclude 95 Really mad. **54** — Zone **55** Zone with "off" 59 Disbeliever
- in God 60 Exclude **101** Cries 61 Like a worse feebly blizzard
- 62 Confess 103 Baby's toy 64 Birth mo. for 104 New York
- many Leos City 65 Job-creating FDR agcy. 105 Way out
- 66 Big shot 68 LAX stat 69 Cannes' Palme -
- 71 Mag heads 73 Hamlet. e.g.
- 74 Ballot site 75 Takei's "Star Trek" role
- 81 Close with stitches 83 Way out
- 85 Full of tension 86 Soup flavor
- enhancer, for short 88 Over
- Dem.

84

118

99

128

131

106

89 Not Rep. or

14 | 15

28

- 90 Party card
- 120 Tiny -**121** Tiny 122 Set- — (brief fights)
- 123 Swing to and

43 44

49

79

123 | 124 | 125

- 124 Test center 125 Lofty rails 17 18 116
- Manhattan 92 Turf toughs 94 "Preach it!" 97 Krypton-86, for one 102 Gazing sort moniker 110 Instruments with sticks 111 Lillian of silent films 112 French battle site of '44 113 See 38-Down 114 Threadbare 115 Suffix with sermon 116 Where the tibia is 117 Minister (to)
- **ACROSS** 1 Banner 5 Ayes' oppo-12 nents 16 9 Water barrier 12 Continental 18 19 coin 13 Squashed cir-14 "- Got a Secret" 15 First victim 16 Stage statu-17 Still, in verse 18 Peruse 42 39 40 45 46 19 Squid squirt 50 20 Mentor 21 Will Ferrell Christmas 56 movie 23 Swelled head 25 PBS dinosaur 51 Tavern eare's river 31 Type mea-

King Crossword

### 38 Coop denizen DOWN 1 Dread

- 39 Rude one 42 Expert 44 Birthday party 3 Vicinity
- 48 Clumsy boat 49 Start a garden

28 Intertwine

gear

33 Hatred

ore

32 Underwater

34 Swear (to)

36 Refines, as

37 Devoured

- 50. One side of the Urals
- 2 Garage job

52 Be in charge

of

53 Dregs

- essential 4 Nicklaus nick-
- 'The'
  - 5 Inform

- Northerner Crafty God, in
- 54 carte 55 Catch sight of 10 State 56 Top pick,
- name, with
- 6 Shakesp-

- sures 35 Reservation residences
- Grenoble Waiter's

Я

9

- handout 20 Aaron's idol 22 Minimum
- 24 Travelocity mascot 25 Merit-badge
- org. 26 Performance 27 Trench 29 Have a bug

30 Snip

tative 39 Ali -40 Exam format 41 Gumbo need 43 Harvest 45 On the bring

36 Cheaply imi-

- 46 Ukraine's capital
  - 47 Facility 49 The airl

### **BLOCKING** MAGIC MAZE YOUR VIEW

ONKHEBYTREESVS MJEHE(BUILD YVDGTGOPORLIITG D B Y R D W O T G A R A P C M KIFDAEBMEOYTWAU SQOMPZHKSBFRIRF DBZLXWZUPLSUSAQ ONLLJHFIILRCDTC AAYWVTSQLIAKSAM TPNLKIHACBISFC CBZYWVWUECNEFSR

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Billboard Blizzard Buildings Cataracts Curtains Eclipse Fence Foa

Hedge Mask Rain Tall people Trees Trucks Walls

answer on page 29B

Contest BEATED	
Guile UNMACE	
Usual MARLON	
Expand DRAPES	
	TODAY'S WORD

	3		5	1		6		
7				8			4	
		2			3			9
		9		6			7	5
8			1				3	
	7				4	8		
9		4	8					2
	1				6	3		
	8			7			1	6

# **SUDOKU**

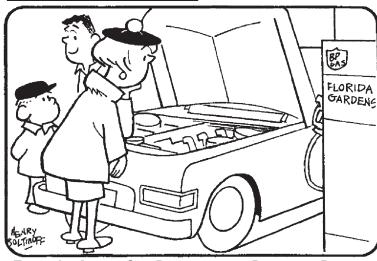
### To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

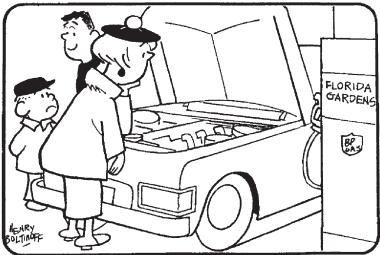
answer on page 31B

### **HOCUS-FOCUS**

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Mechanic's shirt is different. 2. Boy is frowning. 3. Woman's earning is different. 4. Sign on gas pump has moved. 5. Headlight is bigger. 6. Woman's skirt is longer.

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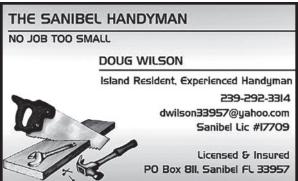
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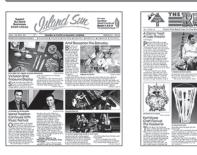


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### FOR WEEK OF MARCH 11, 2019

**Aries** (March 21 to April 19) Take time from your busy schedule to check out what's going on around you. You might find that someone has been secretly trying to pull the wool over those beautiful Sheep's eyes.

**Taurus** (April 20 to May 20) Once again, the Bovine's boldness pays off in uncovering the source of a disturbing workplace situation. Your personal life calls for patience, as a certain matter plays itself out.

**Gemini** (May 21 to June 20) Forget

about going all out to impress someone in your personal life. Just being yourself is all that matters. A workplace decision will need more time. Don't rush into it.

Cancer (June 21 to July 22) Some supersensitive Crabs might take offense at what they perceive as a slight. But a closer look points to a simple misunderstanding. The weekend holds a welcome surprise.

**Leo** (July 23 to August 22) Sure, you can roar your head off over someone's failure to keep a promise. But the wiser course would be to ask why it happened. Be prepared for an answer that might well surprise you.

Virgo (August 23 to September 22) A developing relationship needs time to find

its direction. So please be patient and resist pushing things along. A recently cooled-down workplace situation could heat up again.

**Libra** (September 23 to October 22) Congratulations. Your well-thought-out proposal seems to be working. Someone who hasn't agreed with you on most things in the past could turn out to be one of your major supporters

major supporters.

Scorpio (October 23 to November 21)

Things seem to be going well. However, you can still expect criticism – some of it pretty heavy. But as long as you can back up your position, you'll be able to rise above it.

**Sagittarius** (November 22 to December 21) Getting together with people who care

for you is a great way to get that ego boost you might feel you need at this time. Things start to look brighter by week's end. **Capricorn** (December 22 to January

Capricorn (December 22 to January 19) You should be able to continue with your plans once you get past those temporary delays. Surprise, surprise. An offer to help comes from a most unlikely source.

**Aquarius** (January 20 to February 18) Prioritizing your tasks is important this week because of all those demands you have to deal with. The pressure eases in time for you to enjoy the weekend.

**Pisces** (February 19 to March 20) Save your energy and stay focused on what has to be done, despite all those distractions you're

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Debate;
 Acumen;
 Normal;
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Today's Word

**DOBERMAN** 

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### **GENERAL CONTRACTOR**



likely to face. You should see some evidence of real progress by week's end.

Born This Week: You are a generous, giving person who is always ready, willing and more than able to help others in need.

### MOMENTS IN TIME

- On March 15, 44 BC, Julius Caesar, dictator of Rome, is stabbed to death in the Roman Senate house by 60 conspirators led by Brutus and Cassius, who believed that his death would lead to the restoration of the Roman Republic.
- On March 16, 1751, James Madison, author of the Federalist Papers and fourth president of the United States, is born in

Virginia. Madison is best remembered for his critical role in the Constitutional Convention of 1787, where he oversaw the drafting of the final Constitution.

• On March 17, 1776, British forces are forced to evacuate Boston following Gen. George Washington's successful placement of fortifications and cannons on Dorchester Heights. Realizing their position was now indefensible, 11,000 British troops sailed to the safety of Halifax, Nova Scotia.

• On March 14, 1919, Max Brand,

perhaps the most prolific writer of Western stories, publishes his first novel, The Untamed. Max Brand was one of 21 pen names used by author Frederick Faust. Unlike many Western authors, Faust made no pretense to historical accuracy in his works.

• On March 13, 1969, The Love Bug, a movie about the adventures of a Volkswagen Beetle named Herbie, opens in theaters. The Walt Disney film, based on the 1961 book Car, Boy, Girl by Gordon Buford, spawned four spinoffs.

• On March 12, 1972, the last remnants of the First Australian Task Force withdraw from Vietnam. The Australian government had first sent troops to Vietnam in 1964 and by 1969, their forces totaled an estimated 6,600 personnel.

• On March 11, 1990, Lithuania becomes the first Soviet republic to proclaim its

independence from the USSR. The Soviet government responded by imposing an oil embargo and economic blockade against the Baltic republic, and later sent troops. Lithuania would gain its independence in September 1991.

### STRANGE BUT TRUE

- It was 20th-century British actor George Sewell who made the following sage observation: "Fear is the tax that conscience pays to guilt.'
- When someone mentions the band ZZ Top, you probably think of a group of musicians with long beards. They don't all have beards, though; the drummer is

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### ANNUAL RENTAL

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2 bdrm/1 bath, East End, Nerita St. 1/2 of Duplex, bright, clean, walk to beach. Washer & dryer in unit, sundeck. Includes yard service & pest control. No Smoking/ No pets. \$1,650. Call Bob 410-913-2234.

# SANIBEL ISLAND ANNUAL RENTALS

2/1 on Main Street \$1,800 2/2 on Sandpebble \$2,000 Dogs okay. Call or text Bridgit @ 239.728.1920 11/9 **☆** TFN

### **GULF HARBOUR YACHT 8** COUNTY CLUB TOWNHOUSE

3 Bed, 31/2 Bath + Den/Office, Unfurn. 2 Car on 16th Green. Golf, Tennis/Spa Avail. \$2,500 a month. 239-233-2930.

### SERVICES OFFERED



Complete Landscaping Services & Weekly Lawn Service New Client Special 10% OFF your Mulch Installation. Landscaping Project, or Tree Trimming Project.

239-896-6789

### SERVICES OFFERED

### SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available) Joe Scarnato (239) 849-6163 scarnatolawn@aol.com 1/25 ☆ TFN

### **FOR SALE**

# ORECK MAGNESIUM UPRIGHT VACUUM

Like new, with bags and belts \$150. 472-1772

### ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203 State License #13002788

### **ALTERATIONS BY HAZELLA**

Reliable and Experienced Reasonable Prices Pick Up & Delivery Available 239-472-8655 12/28 **☆** TFN

### HELP WANTED

# RESTAURANT HELP WANTED

Matzaluna Italian Restaurant is accepting applications for Host/ess and pizza cook positions. Will train pizza position. Nights only. Call 472-1998 any day after 2:00 to make an appointment.

Fun place to work!!!

# MOBILITY SCOOTER FOR 2 PEOPLE!



Mobility Scooter For 2 People! (2 Months Old, Used Twice!) E Wheels Ew-66 Scooter W/ Cover! All The Bells And Whistles! Three Different Speeds Up To 18 Mph!

Enjoy Your Life With Ease, Comfort & Convenience! Great For Bike Paths, Going To The Store & Restaurants!

Bright Lights, Easy Controls, Speedometer, Front & Rear Storage! Call Mary 708-955-4103 \$2,800 OBO It Won't Last Long!!!! 3/8 🗱 3/8

### **GARAGE SALES**

# JERRY'S FOODS SERVERS & BARISTAS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday. If interested call and ask for John, Norm Sarah 472-9300. 1700 Periwinkle Way

### **MULTI-FAMILY YARD SALE**

Lots and lots of GREAT stuff! Housewares, tools, clothing, jewelry, toys, new items & much more. Don't Miss It! NEW DATE: Friday & Saturday Mar. 15-16 8:00-2:00. 1694 Bunting Lane, in Gumbo Limbo, Sanibel. 3/1 🗱 3/15

clean-shaven as a matter of safety (imagine being in the middle of a drum solo and getting a stick caught in a long beard - ouch!). Interestingly, the unbearded drummer's name

is Frank Beard.

• If you're like most people, you've probably never encountered a tziganologist. That is, unless you consort with those who

study Hungarian gypsies.

• Those who study such things say that the immortal bard, William Shakespeare, used a grand total of 17,677 words in his works. (That must have been a tedious calculation.) They also say that fully one-tenth of those words had never been used in writing before.

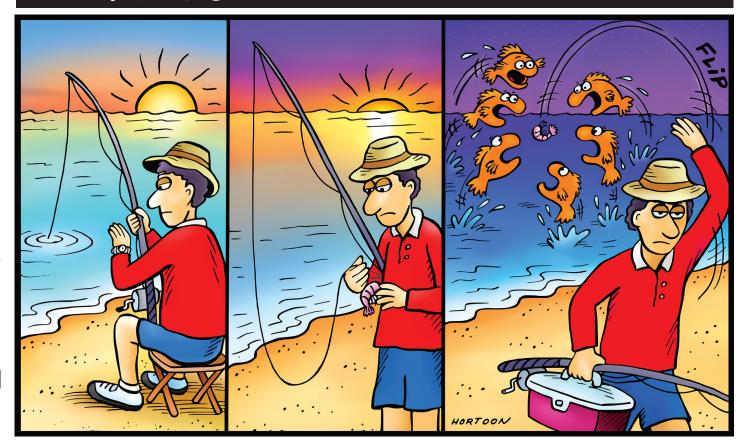
• Unless you were around on April 17, 1964, you may not be aware of the hullabaloo caused by the introduction of the Ford Mustang. In Seattle, a truck driver was so distracted by a display of new Mustangs that he crashed his cement truck through the window of the dealership. In Chicago, so many people were trying to crowd into the cars in a showroom that the dealer had to lock all the vehicle doors. A dealer in New Jersey had only one Mustang, so he auctioned it off. The winner of the auction insisted on sleeping in his new car that night, just to make sure nobody else got it before his check cleared.

 By the time he was 5 years old, 19thcentury French composer Camille Saint-Saens was already composing waltzes.

### THOUGHT FOR THE DAY

"Nothing great in the world has been accomplished without passion." - Georg Wilhelm Friedrich Hegel

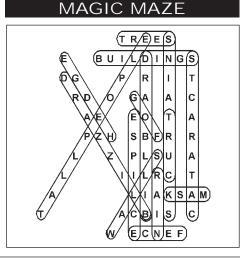
# HORTOONS



# **.E ANSWERS**



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# Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bonita Beach	Bonita Springs	2018	5,315	\$6,775,000	\$6,500,000	31
Bonita Beach	Bonita Springs	2018	5,315	\$6,775,000	\$6,500,000	99
Barefoot Beach	Bonita Springs	2002	6,380	\$3,249,000	\$2,817,000	380
Terabella	Fort Myers	2017	5,089	\$2,495,000	\$2,430,000	130
Cassina	Miromar Lakes	2018	2,742	\$1,825,000	\$1,775,000	7
Herons Landings I	Sanibel	2017	2,824	\$1,595,000	\$1,260,000	28
Seagull Estates	Sanibel	1988	3,638	\$1,394,000	\$1,300,000	169
Yachtsmans Cove	Fort Myers Beach	2015	3,854	\$1,295,000	\$1,295,000	101
Idlewilde	Estero	2002	3,616	\$1,199,000	\$1,125,000	59
Glen Lakes	Estero	2005	3,079	\$1,195,000	\$1,075,000	318



### 6477 SANIBEL-CAPTIVA RD., SANIBEL

- Last Home before Blind Pass
- Next to the Mad Hatter Restaurant \$4.799.999 MLS 219000116

John Stephens 239.980.6394

### **GULF & BAYOU VIEWS**



### 6071 SANIBEL-CAPTIVA RD., SANIBEL

- Remodeled 5 BR, 4 BA w/French Country Deco
- Gorgeous Private Setting, Screened Pool/Spa \$2,395,000 MLS 218082648

McMurray & Nette 239.850.7888



### 2611 W. GULF DR. #C102, SANIBEL

- Remodeled w/Designer Finishes
- Direct Gulf, 3 BR, 2 BA, Granite Kitchen
- \$1,595,000 MLS 218078824 Jason Lomano, Lomano-Nicholson Team 239.470.8628



### 1243 SAND CASTLE RD., SANIBEL

- Radiant 4 BR, 4 BA, Pool & Fireplaces
- Indoor/Outdoor Living for Entertaining
- MLS 218084313 \$1.150.000 Maureen Ahmed 239.839.7250

### SUNDIAL BEACH RESORT



### 1501 MIDDLE GULF DR. #J204, SANIBEL

- Gorgeous Gulf of Mexico Views
- 2 Bedrooms, 2 Full Baths

MLS 219007023 \$793,000 Brian Murty 239.565.1272

### **SUNDIAL BEACH**



### 1501 MIDDLE GULF DR. #J101, SANIBEL

- 1st Floor, 1 Bedroom, 1 Bath
- Direct Walk-Out to Beach & Pool
- MLS 218078744

John Nicholson, Lomano-Nicholson Team 239.849.3250



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# **BAYFRONT**

### 1226 ISABEL DR., SANIBEL

- Direct Bayfront Parcel
- Cleared w/Seawall

MLS 218015347 \$1,495,000 McMurray & Nette 239.850.7888



### 1199 PAR VIEW DR., SANIBEL

- 3 BR, 2.5 BA, Near Beach, Pool Home
- Gorgeous Water & Golf Course Views
- \$1,099,000 MLS 217073462 Cindy Sitton 239.810.4772

# **EAST ROCKS NEW PRICE**

### 566 BOULDER DR., SANIBEL

- Updated 3 BR, 2 BA, Near Beach
- Spectacular Pool, Lake Views
- \$779,000 MLS 219002114 Sharon Kottraba, Lomano-Nicholson Team 804.240.3115

### SUNDIAL BEACH RESORT



### 1501 MIDDLE GULF DR. #H108, SANIBEL

- 1 BR, 1 BA, Newly Remodeled
- Phenomenal Rental Opportunity \$459,900 MLS 218048816

Brian Murty 239.565.1272



### 1629 LAND'S END VILLAGE, CAPTIVA

- Direct Waterfront, Fantastic Views
- Large 2 BR w/Open & Screened Lanais \$1,419,000 MLS 218049777

Vicki Panico & Fred Newman 239.980.0088



### 2480 LIBRARY WAY, SANIBEL

- Live & Work in Fantastic Sanibel Location
- Residential/Commercial Options

\$779,000 MLS 218081969 McMurray & Nette 239.850.7888

### **SAND POINTE**



### 2737 WEST GULF DR. #132, SANIBEL

- Remodeled Top Floor, 2 BR, 2 BA
- Vaulted Ceilings, Large Open Kitchen \$724,900 MLS 219001994

Jason Lomano, Lomano-Nicholson Team 239.470.8628

### SUNDIAL BEACH RESORT



### 1501 MIDDLE GULF DR. #H210, SANIBEL

- Open Studio Floor Plan
- Desirable Sundial Resort & Spa \$405,000 MLS 218080098

Brian Murty 239.565.1272



### 1246 & 1250 SEAGRAPE LN., SANIBEL

- Last Large Underdeveloped Bayfront Estate
- Located on Sanibel's East End
- MLS 217004453 \$2,995,000 McMurray & Nette 239.850.7888

OFF W. GULF DR.

### 228 VIOLET DR., SANIBEL

- Near Beach Masterpiece, 4,000+/- S.F.
- 4 BR, Pool, Remodeled to Finest Standards
- \$1,949,000 MLS 219009841

Jason Lomano, Lomano-Nicholson Team 239.470.8628



### 829 BIRDIE VIEW PT., SANIBEL

- Furnished 4 BR, 3.5 BA, Golf Course Home
- Sparkling Pool w/Southern Exposure MLS 218028250 \$1,190,000
- Cindy Sitton 239.810.4772



### 9027 MOCKINGBIRD DR., SANIBEL

- Lake View, Gorgeous Sunsets
- 4 Bedrooms, 3 Bathrooms
- MLS 218050671 \$799,000

Jamie Gates 239.910.2778



### 1501 MIDDLE GULF DR. #C410, SANIBEL

- Top Floor, Corner, 1 Bedroom
- Lovely Courtyard, Pool & Gulf Views
- MLS 219007312 \$475.900

Fred Newman & Vicki Panico 239.826.2704



### 2515/2517 WULFERT RD., SANIBEL

- Vacant Lot #14 Green, Lake & Fairway
- Wonderful Southern Exposure \$259.000 MLS 217063941

McMurray & Nette 239.281.4435